

Ride & Tie and Equathon Newsletter



Adrienne Richards on After While Crocodile
No frills Ride and Tie
Photo by Becky Pearman

Sauratown Mountain Ride and Tie *by Barb Mathews*

This was a first time Ride and Tie held at Sauratown Mountain, North Carolina. The ride manager Helena George did an excellent job organizing and running this event. She also had terrific support staff.

On day one it rained all day, but that did not seem to damper the spirits of the race staff or participants. We were fortunate to be camping next to a wonderful stable with stalls for horses, indoor plumbing and hot showers. This venue also had a lounge with kitchen amenities available to participants. The owners of the stable Phillip and Tammie Barber were gracious hosts and celebrated their 43rd wedding anniversary with us.

On day two the sun came out and the fog lifted to reveal spectacular scenery. The trail varied from single track alongside the mountain to sandy creek beds. Coupled with some steep climbs and rocky footing Sauratown Mountain is definitely challenging.

Ride and Tie lends itself to a variety of participants and goals, this race was representative of the large scope that Ride and Tie encompasses. There were 9 different types of horses represented and runners from seasoned veterans to first timers. Once again, I am reminded of what a wonderful sport Ride and Tie is, allowing us to come together and enjoy nature with our horses at an amazing venue like Sauratown Mountain. I would encourage everyone to check out this ride next year. You will not regret it.

Thanks to Sierra Gerringer for these great photos of the breeds represented at this ride:



Fort Valley R&T

3



Will Adams

Photo by Becky Pearman



Jenna Rupp on Golden Nugget

Photo by Becky Pearman



Liz Moran, on Ravenscroft, and Kate Kane

Photo by Carolyn Blocker



Julie Rose on Shawnee Sail Away

Photo by Becky Pearman



Jacqui Null and Steve Dutterer

Photo by Becky Pearman



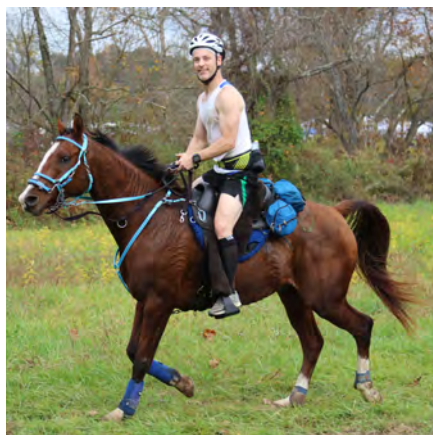
Michael Bishop

Photo by Becky Pearman



Courtney Krueger on Kevlar

Photo by Becky Pearman



Chris Lang on Miccah

Photo by Becky Pearman



Big South Fork



Katie Hixon

Photo by Becky Pearman



Barb Mathews on After While
Crocodile, *photo by Becky Pearman*



Madeline Isaacs on River, *photo by Becky Pearman*



Beth Brinkley

photo by becky Pearman



Lori Lytle

photo by Becky Pearman



Courtney Krueger, Mark Landers on Kevlar, Amy Kerrigan,
and Carrie Baris on Comets Kurino, *photo by Becky Pearman*



Check out our R&T store.

<https://squareup.com/store/ride-and-tie>



Horse of Distinction

The Horse of Distinction award was established in 2009 to honor horses who have distinguished themselves in the sport of Ride & Tie by making a significant contribution to the sport. Horses must be nominated to be considered.

Horses in the Horse Hall of Fame are not eligible. People who nominate a horse will receive a confirmation of their submission, and may later be contacted by one of the judges. The winner will be announced at the annual World Ride & Tie Championship.

To nominate a horse complete and submit the on-line form. A printable version to submit by mail is also available.
www.rideandtie.org

RIDE & TIE RACE SCHEDULE

Jan 29 – Feb 1, 2021, FHA 100 TENTATIVE

Location: Dunellon, FL – more info coming soon

Feb 28, 2021, Take No Prisoners TENTATIVE

location: Kings Mountain, NC – 50 & 25 miles – race manager: Barbara Mathews 919-545-0034, bjdmathews@gmail.com

Apr 2-3, 2021, Giddyup and Run – TENTATIVE

Location: East Fork Stables near Crossville, TN Distances: 7, 10, 15 & 25 miles Race Manager: Joanne Mitchell 865-250-1645, jfgmhorse@gmail.com

Apr 3, 2021, Foxcatcher – TENTATIVE

Location: Fair Hill, MD Distances: TBD Ride Manager: Holly MacDonald, 609-847-5685, foxcatcherendurance@gmail.com

Apr 16-17, 2021, Old Dominion No Frills

Location: Star Tannery, VA – 10, 20, 30, and 55 mile ride and tie; 10 ride/5 run equathon Contact: Janice Heltibridle, 540-233-0710, janiceheltibridle@gmail.com

Apr 18, 2021, Chesapeake Spring Ride and Tie

Location: Fair Hill DNR, MD Distances: 12.5 and 25 miles Ride Manager: Cate Peloquin or Janice Heltibridle, cpenquin57@aol.com, janiceheltibridle@gmail.com

May 15, 2021, Coolest Spring – TENTATIVE

Location: 7200 Florian Ct, Cool, CA 95641 Distances: long and short courses for both Ride & Tie and Equathon Ride Manager: Susan Smyth, 916-316-2096, susansmythjackson@gmail.com

May 22-23, 2020, EAST COAST CHAMPIONSHIP – TENTATIVE

Location: Clemson University – Fants Grove Trailhead/T.Ed Garrison Arena, Pendleton, SC Distances: 16,25,30 ride and tie; 12 ride/6.5 run equathon Ride Manager: Sara Boelt, 828-273-1627, lightermountevents@gmail.com

Jun 11-12, 2021, Old Dominion

Location: 1794 Happy Valley Rd, Orkney Springs, VA 22815 Distances: 20, 25, 50, 100 miles Contact: Janice Heltibridle, 540-233-0710, janiceheltibridle@gmail.com

Jun 12, 2021, Trout Lake – TENTATIVE

Location: Mt Adams Horse Camp, Trout Lake, WA Distance: 25 Mile ride and tie Ride Manager: Kathleen Ferguson, 509-322-5188, kfergus0n@outlook.com

Jun 19-20, 2021, 50TH ANNUAL WORLD CHAMPIONSHIP – TENTATIVE

Location: Cuneo Creek Campground, Humboldt, CA. Distances: TBD Ride Manager: Sequoya Russ, 707-845-6039, duncme2@gmail.com

Jul 10, 2021, Bandit Springs TENTATIVE

Location: Bandit Springs, OR Ride Manager: Jannelle Wilde, 541-849-2460 or 541-733-2601, BanditRM@MustangsToTheRescue.org

Jul 17-18, 2021, Old Dominion Ride and Tie Weekend

Location: 1794 Happy Valley Rd, Orkney Springs, VA 22815 Distances: How to clinic; 6,12,20 mile ride & tie; 12 ride/6 run and 12 ride/12 run equathon Contact: Janice Heltibridle, 540-233-0710, janiceheltibridle@gmail.com

Aug 21, 2021, Summertime Blues – TENTATIVE

Location: Spring Creek NF-21 Distances: Intro (tbd), 25 and 50 mile R&T Ride Manager: Lora Bannan, 509-420-0300, ibstitchin@yahoo.com

Aug 27-28, 2021, Iron Mountain Jubilee

Location: Cripple Creek, VA Distances: 15 & 30 mile R&T, Equathon upon request Race Manager: Barb Mathews (Helmets required for all riders), bjdmathews@gmail.com

Aug 28-29, 2021, Mary & Anna Memorial Ride TENTATIVE

Location: 76231 OR-31, LaPine OR Distances: Intro – 11 mile, 25 and 50 mile R&T Ride Manager: Max Merlich, 503-784-5337, termaxm@gmail.com

Sep 4-5, 2021, Crazy Daze of Summer TENTATIVE

Location: Riverside State Park @ Seven Mile Air Strip Distances: 15,30 and 50 mile R&Ts Ride Manager: Sarah Dafler 425-445-5994, sarahdafler@gmail.com

Sep 10-11, 2021, Big South Fork R&T TENTATIVE

Location: Big South Fork National River and Recreation Are near Jamestown/Onieda, TN Distances: 4,12,15,17,20,26,29,51,56 & 73 mile R&T; 4 ride/4 run equathon; RM: Joanne Mitchell 865-250-1645, jfgmhorse@gmail.com

Sep 17-19, 2021, Chesapeake Fall Ride and Tie TENTATIVE

Location: Fair Hill DNR, MD Distances: 10, 15, 25 mile R&T; 10 ride/10 run equathon; Contacts: Cate Peloquin and Janice Heltibridle, cpenquin57@aol.com, janiceheltibridle@gmail.com

Sep 24-25, 2021, Sauratown Mountain TENTATIVE

Location: Pinnacle, NC Distances: 10,15, 25 mile ride and tie; 10/10 equathon Ride Manager: Helena George, (336) 500-7910 (call or text)

Sep 25, 2021, Coolest Fall – TENTATIVE

Location: 7200 Florian Ct, Cool, CA 95641 Distances: long and short courses for both Ride & Tie and Equathon Ride Manager: Susan Smyth, 916-316-2096, susansmythjackson@gmail.com

Oct 22-23, 2021, Fort Valley R&T

Location: Seven Fountains Rd, Fort Valley, VA 22652 Distances: 15, 30 and 50 mile R&T, 15 ride/5 run AND 15 ride/15 run equathon. Contact: Janice Heltibridle, 540-233-0710, janiceheltibridle@gmail.com

Nov 27, 2021, JD's Carolina R&T TENTATIVE

Location: Near McBee, NC Distances: 15, 30, 55, 75, 100 mile R&T Ride Manager: Carol Thompson, 321-794-8235, carolythompson@msn.com

Note to Race Managers: Please send changes to race information and printable flyers to: Courtney Krueger



Laney Baris with Tootsie Pop at Final
Vet Check

Photo by Carolyn Blocker



Jacqui Null on Ace of Spades
Photo by Hoofprint Images



Rick Koup
Photo by Hoof Print Images



Steve Dutterer
Photo by Hoof Print Images



Erin Teigen on Ace of Spades
Photo by Hoof Print Images



Fun Fact

The winner of the 1904 Olympic marathon completed most of the course in a car. The third edition of the modern Olympic games took place in 1904 in St. Louis, Missouri, USA. It was the first time the Olympics had taken place outside of Europe and only 12 countries participated. The marathon event went down in history as a complete disaster, as sweltering heat and dusty tracks meant many of the competitors had to pull out. One such competitor who suffered from the conditions was Frederick Lorz. He pulled out after 14.5km (9 miles) and got his coach to drive him the rest of the way in a car. However, the car broke down and Lorz walked back into the stadium on foot. As he entered the stadium, the crowd cheered him as the first finisher and he was crowned the winner. He played along until it was later found that someone else was the true winner.

10 Tips for Preventing Colic in Horses by Starwood Equine Hospital

The No. 1 killer of horses is colic. Colic is not a disease, but rather a combination of signs that alert us to abdominal pain in the horse. Colic can range from mild to severe, but it should never be ignored. Many of the conditions that cause colic can become life threatening in a relatively short period of time. Only by quickly and accurately recognizing colic – and seeking qualified veterinary help – can the chance for recovery be maximized.

While horses seem predisposed to colic due to the anatomy and function of their digestive tracts, management can play a key role in prevention.

Although not every case is avoidable, the following guidelines from the American Association of Equine Practitioners (AAEP) can maximize the horse's health and reduce the risk of colic:

1. Establish a daily routine – including feeding and exercise schedules – and stick to it.
2. Feed a high-quality diet comprised primarily of roughage.
3. Avoid feeding excessive grain and energy-dense supplements. (At least half the horse's energy should be supplied through hay or forage. A better guide is that twice as much energy should be supplied from a roughage source than from concentrates.)
4. Divide daily concentrate rations into two or more smaller feedings rather than one large feeding to avoid overloading the horse's digestive tract. Hay is best fed free-choice.
5. Set up a regular parasite control program with the help of your equine practitioner.
6. Provide daily exercise and/or turnout. Change the intensity and duration of an exercise regimen gradually.
7. Provide fresh, clean water at all times. (The only exception is when the horse is excessively hot, and then it should be given small sips of lukewarm water until it has recovered.)
8. Avoid putting feed on the ground, especially in sandy soils.
9. Check hay, bedding, pasture and environment for potentially toxic substances, such as blister beetles, noxious weeds and other ingestible foreign matter.
10. Reduce stress. Horses experiencing changes in environment or workloads are at high risk of intestinal dysfunction. Pay special attention to horses when transporting them or changing their surroundings such as at shows.

Virtually any horse is susceptible to colic. Age, sex and breed differences in susceptibility seem to be relatively minor. The type of colic seen appears to relate to geographic or regional differences, probably due to environmental factors such as sandy soil or climatic stress.

Importantly, this indicates that, with conscientious care and management, we have the potential to reduce and control colic, the No. 1 killer of horses.

For more information about colic prevention and treatment, contact the [Starwood Equine office](#).

Additional colic information is available by visiting the AAEP's website at www.aaep.org/

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While 2020 saw many cancelled Endurance and Ride & Tie events, the American Endurance Ride Conference (AERC) and the Ride & Tie Association (RATA) were busy looking towards the future for opportunities to support each other's sports and provide more ride & tie events alongside endurance rides. A joint committee was formed to create an affiliate agreement. Both the AERC and Ride and Tie Board of Directors agreed to move forward with and approved the drafted agreement.

What does this mean? It means that AERC and the Ride and Tie Association will be formally working together. The agreement will facilitate more Ride & Tie events at endurance rides and provide mutual support to both organizations with memberships, events, and insurances.

As part of this effort, the Ride and Tie Board prepared three educational webinars to present to AERC. The first webinar, presented on December 15, was to assist Endurance Ride Managers with adding Ride & Tie to their event. The second scheduled for January 5th, is to encourage AERC members to participate in Ride & Tie. The last webinar scheduled for January 12 is to educate Endurance veterinarians and scribes on vetting Ride & Tie." All three webinars are being recorded so individuals unable to participate during the live session can view them later.

Alsike clover (*Trifolium hybridum*) is an extremely adaptable plant that grows along roadsides and in moist pastures and fields. Although it isn't native to North America, it is **found** in cool, damp areas across the northern two-thirds of the United States. Plants have three smooth leaves with serrated edges.



Buttercups

These plants can cause mouth pain and blisters, drooling, and gastric pain. These effects can be severe if horses ingest buttercups in large quantities, but the plants bad taste usually deters further grazing. Common in woods and fields.



Poke Weed

This weed is found rich soils such as woodlands, marshes and pastures. Affects the gastrointestinal system (colic and diarrhea) and central nervous system (convulsions). The roots are more toxic than the plant.



Bittersweet Nightshade

Found in rich pastures and woods. Affects central nervous system (trembling, paralysis, shock, coma); gastrointestinal system (colic, diarrhea and impaction) The plant and the berries are both toxic.



Oleander

These plants are very hardy and grow anywhere except where it gets too cold. The flowers come in different colors and both the plant and flower are extremely toxic and can kill a horse. Signs of poisoning may begin with diarrhea, excessive salivation, depression and loss of appetite. Horses don't like the taste of this plant but it only takes one bite.



Yellow Star Thistle

The plant is a noxious weed and is prevalent in areas with dry or compromised soil in the western United States. The weed is an annual and has multiple stems that display yellow, star-like flowers with long, spiny bracts for protection. Yellow star thistle can reach a height of around 3 feet. It is very Toxic in horses. It affects the horses central nervous system. The symptoms can be, head tossing, chewing with no food, jaw hanging open and dunking the entire head in water.



Dogbane

This plant is very toxic. It grows in low level valleys, on plains and foothills, gravelly or sandy fields, in meadows, and along creek beds, irrigation ditches, and fence lines in cultivated pastures. The plant begins growing in late spring or early summer. Symptoms are digestive disturbances, diarrhea, overall weakness and sudden death.



White and Red Clover

Tall Fescue

Horse Nettle

Poison Hemlock

Water Hemlock

Jimson weed

White snake root

Milk Weed

Red Maple

Box Elder Maple

Black Walnut

All Oaks

Horse Chestnut

Black Locust

Mountain Laurel

Azalea

Bracken fern

Yew

Rhododendron

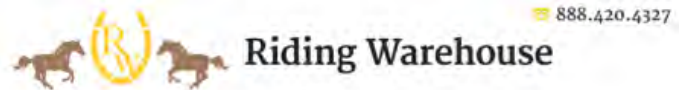
Check out wikipedia.org for more information
By Gunilla Pratt

The Ride and Tie Association is pleased to announce the return of the Jim Steere Memorial Veterinary Student Scholarship. All currently enrolled veterinary students are invited to apply. A total award of \$3000 will be dispersed for this year's scholarship. The outstanding essay that is suitable for publishing in the Ride and Tie Association's monthly newsletter will be awarded up to \$2000 with runner-ups eligible for the remaining award amount.

Ride and Tie is a sport of strategy and requires athleticism from both the equine and human partners. This unique sport was created by Bud Johns. Johns worked for the Levis Strauss & Company as a public relations director. He was seeking a rugged sport to promote its similar reputed line of outdoor clothing. Johns had read of historic accounts where out of necessity two people had covered vast distances using one horse between them. One would proceed on horseback while the other continued on foot. Eventually the rider would tie the horse to a tree and proceed on foot, the horse waiting for the partner on foot to catch up. "What a concept for a race!" thought Johns and the sport of Ride & Tie was born. Johns organized the first Levi's Ride & Tie in 1971 at St. Helena, California.

Dr. Jim Steere served as the Head Veterinarian for the Ride and Tie Association for more than 25 years. He helped develop and implement the veterinary examination guidelines for this unique sport, adapted from the sport of endurance racing. Dr. Steere was also an avid participant of Ride and Tie. Less than one year before his passing in 2010 Steere and his son competed in the World Ride and Tie Championships. The Association is proud to offer this scholarship in his memory.

The essay is limited to 1000 words and must be accompanied by a list of references used in the essay. The topic is at the discretion of the veterinary student. Examples of winning past essays can be requested from Dr. Melinda Newton at m.newtondvm@gmail.com. A cover letter may be submitted in conjunction with the essay, but is not required. All essays must be received by Dr. Newton by 1/15/2021.



Officers

President: Sara Boelt (2021)
Vice President: Gunilla Pratt (2022)
Secretary: Carrie Baris (2020)
Treasurer: Steve Anderson (2021)

Directors

Lani Newcomb (2022)
 Rufus Schnieder (2021)
 Courtney Krueger (2023)
 Susan Smyth (2022)
 Alison Zeytoonian (2023)

Board Member Emeritus

Steve Shaw (lifetime)
 Mary Tiscornia (lifetime)

Head Veterinarian
 Greg Fellers

The Ride and Tie Association is organized and operated exclusively for charitable purposes within the meaning of Section 501(c) (3) of the Internal Revenue Code.

As a member of the Ride and Tie Association, you will receive newsletters which cover upcoming events, ride results, annual point standings and informative articles to improve your abilities as rider and runner as well as the abilities and health of your horse. **Membership runs from January 1st to December 31st.**

For anyone joining on or after September 1, the following year will be included.

Competitor Member: (\$25)

Will receive Ride & Tie Newsletter and Handbook, information and entry form for the Ride & Tie Championship, one vote on Association general membership issues, eligibility for all sanctioned Ride & Ties held during membership year and inclusion and eligibility for the national point system.

Family Membership: (\$40)

Immediate Family living at same address. List all names to be included. Same benefits as Competitor Member, two votes per family.

Lifetime Member: (\$500)

Same benefits as Competitor member with no more annual membership fees.

Supporting Member: (\$100 or more)

Same benefits as Member with special thanks from the Ride and Tie Association.

Friend of Ride & Tie: (\$20 or more)

Non-competitive member showing support for Ride & Tie. No voting privileges. Will receive Newsletter.

Upgrade to Family: (\$15)

Upgrade to Family Membership.

Mentors are a group of people dedicated to growing the sport of Ride & Tie by introducing (or re-introducing) people to the sport. Located throughout the country, mentors are the Association's "local experts." They are available to answer questions, give advice about what to wear, how to prepare to successfully finish a race, provide opportunities to practice ride & tie, and help team newcomers with experienced people.

California:

K.S. Swigart, katswig@att.net

Bay Area: Victoria Ordway, victoriamosser@yahoo.com, (415) 381-3426

Sierra Foothills: Susan Smyth, susansmythjackson@gmail.com, 916-316-2096

San Diego: Rufus Schneider, rufusschneider1@gmail.com, (619) 244-1488

North San Diego County: Gunilla Pratt, gunillapratt@gmail.com, (858) 735-1373

Santa Cruz: George Hall, georgehalldvm@gmail.com, (831) 426-0131

Idaho:

Tom Noll, tomnoll@q.com

Illinois:

Amy Betzelberger, betzelbe@illinois.edu

Vera Betzelberger, verabetzelberger@yahoo.com

Amy Kerrigan, amy.kerrigan@yahoo.com

Maryland:

Cate Peloquin, cpenguin57@aol.com

North Carolina: Sara Boelt, lighterrat@gmail.com

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Oregon:

Southern Oregon: Annette Parsons & Jim Clover, a88gunther@gmail.com

NW Oregon & Portland: Kirsten Seyferth, kirstenseyferth@gmail.com

Tennessee:

Joanne Mitchell, jfgmhorse@gmail.com

Courtney Krueger, ck@firstcumberland.com

Texas:

Sherrie Reimers, skreimers@aol.com

Utah:

Dave and Debbie Wagner, ddwags@redrock.net, (435) 658-3065

Virginia:

Hampton Roads: Alison Zeytoonian, azeytoonian@solsolutions.net, (757) 947-6244

Northern VA: Lani Newcomb, give2bute@aol.com

Washington:

Southwest WA: Kirsten Seyferth, kirstenseyferth@gmail.com

Western Washington: Lisa Preston, lisa@lisapreston.com

Eastern Washington: Rachel Toor, racheltoor@gmail.com

1983 'Levis' World Championship R&T,
Eureka, CA - 44 miles, 200 teams.



What is Equathon?

Another exciting option offered at some of the Ride & Tie events is called Equathon. Grab your favorite endurance rider or runner and compete in this fast-growing sport! It's kind of like a Ride & Tie, but the rider never has to get off the horse. Basically the horse and rider do the first loop, then when the horse reaches pulse criteria at the vet check (usually between 64-68 heartbeats per minute), the runner then tackles the second loop. The distances for the rider and runner may be the same or different and may vary from event to event. The ride usually is between 10-15 miles while the run portion is usually between 5-15 miles. Sounds like fun, right! If you are really an exercise fanatic, you can do the Equathon as a solo or "Iron" team. Ride your horse for the first loop, jump off and allow your horse to reach pulse criteria, and then run the second loop on foot. Now doesn't that sound like a hoot?

About Ride & Tie

The Ride and Tie Association was created in 1988 to provide stewardship for the sport of Ride & Tie. This stewardship is accomplished by the following activities:

- Disseminate information about the sport of Ride & Tie to new and potential participants
- Through research, analysis and education, assure improvements in the level of competition, horsemanship and athletic performance
- Establish rules and standards for Ride & Tie competitions for the protection of the human and equine contestants
- Take steps to assure the longevity of the sport of Ride & Tie
- Organize the annual World Championship Ride & Tie
- Provide a financial and legal structure to solicit donations to further the sport of Ride & Tie
- Provide a networking opportunity for members and potential members.

It is organized and operated exclusively for charitable purposes within the meaning of Section 501(c) (3) of the Internal Revenue Code.



Kelly Jean competed in our first Ride and Tie and earned 1st place and best conditioned! With her boy Dually and teammate Rheetah



Ride and Tier, 55 year old Dan Barger completed the Western State run twice. Yes that is 200 miles and he did it in 60 hours. From Friday morning to Sunday Evening. Dan lives in Auburn CA.

2020 has been a difficult year to say the least. Hope 2021 is better.

My Giddyup and Run RAT was cancelled in April, in the early days of the pandemic. I did help mail out awards in the virtual Ride and Tie. For Big South Fork, since we had no real ride briefing or awards ceremony, the ride packets were stuffed to the gills with STUFF. Got four new members! Two from NC and two from WV! The green pool noodles on truck antennae really helped distinguish the RAT's from the sea of endurance riders. The noodles matched the green shirts this year!

Friday was a slow day. One Equathon solo--Lori Lyttle did the 10 mile. Barb Mathews and Beth Brinkley did the 30-mile RAT.

On Friday afternoon about 3:30, I got a cell phone call from WV from Joshua Robinette of WV asking if he could still enter the 16-mile RAT. There was NO WAY he could get there before dark to vet in-it was at least a 4-hour drive. Anyway, I told/texted him to meet me at the big registration tent at 6:30am for paperwork, vet in would be at 6:45am, and his race would start at 7:15. They got to camp at 3am Saturday morning. Oh, to be young again. TEAM 162.



Joshua leading Arima and Noam (yellow shirt)



New member Katie



Lori Lyttle

Meanwhile, on Friday afternoon, new member Lisa Broyles from NC vetted in her horse (big pinto, Leo) and took it back to the stable. She decided to make him look really pretty for his first Ride and Tie and clip his ears. Leo reared and knocked her to the ground. The second time he reared, he came down on her leg. She would be unable to compete due to the swelling. Her partner and sister, Katie was bummed too. Texts flew. Lori Lyttle was also in the campground and I texted her to go to their campsite. Result was Lori now partnered with Katie on Leo. On the race course, Katie (running) saw a tree really shaking and thought-Wow those squirrels are really active! Nope-it was a BEAR! Katie ran back to Lori on Leo since they had just switched. RUN! TEAM 161. Watch the story on East Coast Ride and Tie Folk Facebook page.

On the Saturday 30-mile Ride and Tie, Courtney Krueger/Mark Landers, a M/M team ended up being the winner when Carrie Baris's horse, Comet, lost a shoe about 4 miles into the race. Carrie and Amy Kerrigan basically walked him in the next 10 miles to the Vet Check hoping to get the shoe replaced and finish but Comet was too lame to continue. Amy was on foot when they came to the deep creek crossing. Fortunately, Carrie caught her and pointed out the foot bridge so she would not have to swim. This was a memorable weekend for Courtney. They camped in the people campground and Courtney backed his truck into the gooseneck hitch, shattering a tail light. They also had their cooler (which was left out) confiscated by the park service and they had to get it out of cooler jail (no fine-just a lecture on bear protection). Then, on the way home he had a flat tire on the trailer. Also, his brother-in-law, Mark Landers had the keys to the camper they had rented get locked up inside the camper-were able to "break into it" from underneath. Their new 2-month-old puppy they got from Joe Bellafato was locked inside. Both Courtney and Mark were very tired as they were not in the physical shape they normally are by this time of year.

This is the first year of a partnership between SERA (Southeast Endurance Riders Association) and Ride and Tie. One of the ways that SERA is encouraging the partnership is by adding two awards to their year-end awards. They are Rookie Horse of the Year and Rookie Human Competitor of the year. Winners must compete in dual SERA/Ride and Tie events and must self-nominate to the Ride and Tie Secretary by December 15 each year. This year Mark Landers' horse Kevlar won the Rookie Horse of the Year award. Kevlar's other human partner, Courtney Krueger nominated him. As you will see from the nomination below, this was an eventful year for Kevlar in that an accident nearly ended his life.

I nominate Kevlar (Silk Imprimator) for the SERA Ride and Tie Freshman Horse of the Year.

His SERA 2020 Season résumé includes

- Kevlar competed in his first ever Ride and Tie race at Gallop on the Greenway on December 28, 2019 in the ten mile race. This race also served as his initial Ride and Tie training! There is nothing like "on-the-job-training!"
- He won the 25 mile race at Take No Prisoners on February 29, 2020
- He won the 30 mile race at Big South Fork on September 12, 2020
- He finished fifth in the LD at the Skymont Endurance Ride on October 3, 2020
- He won the 15 mile Equathon at Fort Valley on October 23, 2020
- He won the 15 mile Equathon at Fort Valley on October 24, 2020

In many ways this has been a "miracle" season for Kevlar. On June 6, he literally fell off of a mountain in the Great Smoky Mountains National Park, severely gashing open his belly. He spent 5 days at the University of Tennessee Large Animal Hospital and an additional 6 weeks of recuperation at home. He demonstrated that he really is tough as Kevlar with a heart to match by returning to competition in September and "running the tables" in all of his SERA Ride and Tie/Equathon races as well as finishing top ten in the Skymont LD. He also did back-to-back 25 mile Ride and Tie races at the Sauratown Ride and Tie (not SERA) on September 25-26, 2020, winning the race on the 26th.

He will complete his Covid 19 and injury shortened rookie year with:

65 SERA Ride and Tie Miles (115 total Ride and Tie miles)

30 SERA Equathon Miles

25 SERA LD miles

Courtney Krueger



Remembering Bud Johns

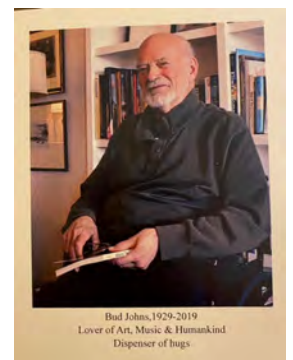
Ride & Tie founder Bud Johns was the sport's biggest fan throughout his life. He also made provisions for a sizeable portion of his estate eventually to go to Ride & Tie. Bud, who had no survivors other than his wife Fran, set up a trust which will be divided on her death among the nonprofits he had worked for and supported in life.

For many of those nonprofits, including all those on whose boards he served, Bud set up legacy societies urging supporters to designate gifts to the nonprofits in their will. "Just think," he used to argue; "you won't need a dollar of that money when you're gone. And while your heirs might get a few dollars less, they'll get the far more significant gift of knowing your generous support of a good cause."

Other Ride & Tie'rs have also made provision for gifts to the support in their will; Bud's spirit is definitely applauding them, and all future supporters. You're invited to help increase this good group.

Fran has a small leftover supply of the thank-you notecards a graphic artist friend created after Bud's death. On the front is his picture (holding a copy of "What Is This Madness") and inside are the words "Heartfelt Thanks." (On the opposite inside page is a small photo of Bud & Fran at the Hardly Strictly Bluegrass "Friends & Family" area set aside by HSB founder and avid R&T participant Warren Hellman – an annual gathering place for Ride & Tie'rs, who were automatically included as guests in the area.)

If you know of a potential R&T supporter who might consider making a gift of any size in Bud's memory, or consider putting Ride & Tie in his or her will, Fran will happily send a supply of notecards. Having the "Heartfelt Thanks" inside means you have only to write something like "for considering a year-end gift to Ride & Tie in Bud's memory" or "for considering putting Ride & Tie in your will, as Bud did" – or another brief message of your choosing. If you'd like one or more of the cards, contact Fran at fjohns33@mindspring.com, 1450 Post St #704, San Francisco 94109, or 415-351-1336.



The world's first successful Przewalski's horse clone was born on August 6, 2020, it made headlines around the world. The new colt was born to a domestic horse mare surrogate. Thank you to the San Diego Zoo in California.

This species is the only true wild horse left in the world.

Przewalski's horses are stockier, stouter, and have bulkier necks than domestic horses. They typically have buckskin coloration, spiky manes, white muzzles, dark legs, and dark-rimmed ears and nostrils.

Fewer than 2,000 Przewalski's horses are believed to exist worldwide, in managed care and in reintroduction sites.

For more information go to sandiegozoo.org

Horse Hall of Fame

Horses that have distinguished themselves in the sport of Ride & Tie may be inducted into the Ride & Tie Horse Hall of Fame. The criteria involves a combination of total career miles, placing, and Best Condition honors.

Horse of Distinction

The Horse of Distinction award was established in 2009 to honor horses who have distinguished themselves in the sport of Ride & Tie by making a significant contribution to the sport. Horses must be nominated to be considered. Horses in the Horse Hall of Fame are not eligible. People who nominate a horse will receive a confirmation of their submission, and may later be contacted by one of the judges. The winner will be announced at the annual World Ride & Tie Championship.

Send your nominations to gunillapratt@gmail.com

Ride & Tie Horse of Distinction Nomination Form

Date: _____

Nominated by: _____

Email Address: _____ Phone: _____

Horse Name: _____ Age (if known): _____ Horse

Owner: _____ Phone: _____

Instructions: Describe in 500 words or less why this horse should be a Horse of Distinction. Please consider:

Number of ride & tie championship races completed

Number of Ride & tie races completed (besides championships)

Number of different riders/teams the horse has competed with

Number of beginners the horse has introduced

Overall career mileage

Number of career years participating in the sport

After graduating UC Davis Vet School in 1972 and completing an internship in Large Animal Medicine at Univ. of Penn Vet School, I came back to northern California to go to work. I was employed as an associate veterinarian at Valley Large Animal Hospital in Morgan Hill from 1973 to 1976. One of our clients, Brown's Arabians, wanted to put on an event called a "Ride and Tie". Although I had worked 1 or 2 endurance rides by then, I had never heard of this competition. But I found the description of the event involving 2 runners and 1 horse fascinating, with endless possibilities for race strategy based on the talents of each member of the team.

It was named Brown's Ride and Tie and it was staged in Almaden Park outside of San Jose. Our vet practice helped with trail layout and recommendations for vet check spots and provided the ride vets for the day. It was a kick and everyone had a great time even though we didn't know what we were doing. I think we did it 2 years running, maybe 1974 and 1975.

Curt Riffle and Skip Lightfoot put on the Almaden Ride and Tie, and I was asked to help vet that in subsequent years. After I moved up to Loomis, I got involved in trail running and participated in some of the ride and ties in that area. Over the years, we did the Mother Lode RAT, the Bloomfield Boogie, The Browning Challenge, the Cool RAT, among others.

I was also vetting a number of endurance rides around California during these years. After getting to know folks, I started running with a group out of Auburn. It included Tom Christolk, Jeff Winderhausen and others and we met up Wednesday afternoons at the Tevis finish line parking lot.

The Christolks managed the World Ride and Tie Championships up in Eur Valley, outside Truckee. They asked me to be the Head Vet for the Championships, so that was my first time. They were held there for 3 years, 2001-2003.

When the Championships were held at Humbolt Redwoods in 2007, Jim Steere asked me to help vet with him. We worked together again at Humbolt in 2009. This was during the time I was Head Veterinarian of the Tevis. We talked a lot about this unique sport of ride and tie and about its future and our mutual ideas for monitoring the welfare of the horse. He began to get comfortable with the idea that I might become the next Head Veterinarian for Ride and Tie.

It was at Mt. Adams in 2010 that he asked me to take over so that he could compete with his son. It was his last Championship. Jim Steere was a mentor and a friend, and a crucial player in the growth and development of ride and tie.

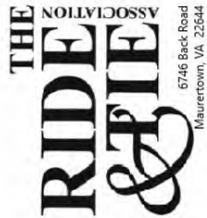
So, for the past 10 years, I've served as an ex-officio member of the Board of Directors and as Head Veterinarian for the sport of Ride and Tie. It has been an honor and a joy for me to be part of this ride and tie community, on and off, for over 40 years.



The Treasurer of the Association is looking for a Certified Public Accountant (CPA) to help file Federal 990 tax return and California state tax return for free (as a donation to The Ride & Tie Association).

Contact Steve Anderson (steve.anderson1@juno.com)

I'm always looking for stories and pictures for the newsletter. If you have a story or pictures that you would like to submit for the newsletter please send to gunillapratt@gmail.com



Sometimes being silly with a friend is the best therapy
-Anonymous