



**SAURATOWN MOUNTAIN RIDE AND TIE**  
**Friday, September 24<sup>th</sup>, 2021, and Saturday, September 25<sup>th</sup>, 2021**  
**25/15/10 Mile Ride and Tie, and 10/10 Equathon**

**What is Ride and Tie?** Quite simply, two people and one horse race as a team. At the start of the race, one partner begins riding, and the other is on foot (you can be competitive and run, or just enjoy the trails and walk...go your own pace!). After a while, the rider will dismount, tie the horse to a suitable tree, and continue on foot. The other partner will reach the horse, mount, and ride to catch or pass his partner in front of him. By switching places in this manner (rules state they must switch at least 6 times), the entire distance is covered by all three team members. The final team time is when all members have crossed the finish line. **What is Equathon?** An Equathon is a race where a rider does a course and comes back to the start point. When the horse reaches veterinarian criteria, the human (can be rider or another person) completes the trail run.

**Trails** The race will be held on the Sauratown Trail, a unique 25 mile bridle and hiking trail that connects Hanging Rock and Pilot Mountain State Parks. It is an official section of the North Carolina Mountains-to-Sea Trail, and is maintained by the Sauratown Trails Association. This trail is unique because it relies on the generosity of private landowners who allow us to build, use, and maintain trails on their property. Trails wind along creeks and fields and across Sauratown Mountain. You will ride gravel roads, rocky sections, sandy creek beds, and the odd muddy spots. Barefoot horses have done these trails, but shoes or boots are recommended.

**Rules & Memberships** Rules can be found at the Ride and Tie website ([rideandtie.org](http://rideandtie.org)). You must be a member of the Ride and Tie Association to race (for insurance purposes), but if you are a first-time participator, membership for your first year is free (though you still need to fill out the form)! Membership forms will be available at the race when you register.

**Race Entry** Forms can be found on the Ride and Tie website ([rideandtie.org](http://rideandtie.org)). Or you can contact the race director (336-500-7910 [helena.george.writer@gmail.com](mailto:helena.george.writer@gmail.com)). Please send the completed form with a check, signed release, and copy of horse coggins to the address on the entry form.

**Ride Camp** Race will be held at Mountain Trail Stables. Vet-ins, camping, and same-day registry paperwork will all be handled here. A limited number of stalls (9) will be available. Trailer parking is tight (please bring your smallest trailers!), but there is a field to pitch tents and place portable fencing for horses. The field is large, but hilly, and not suitable for parking. Possible additional camping available at farm 10 minutes away from Ride Camp (see race director for details). *Please contact Mountain Trail Stables to arrange your camping 336-351-5654.*



**Directions** Mountain Trail Stables, 1630 Merridon Drive, Pinnacle, NC 27043

**Race Vet** Dr. Jose Castro from Davie County Large Animal Hospital will be the Control Vet

**Vet-in, Meals & Ride Briefing** Vet-in for Friday races will start late Thursday afternoon at Ride Camp; Saturday riders may vet in Friday evening or the morning of race. No meals will be provided during the event. However, Ride Briefing may be held at local restaurant. If you are planning to arrive the morning of your race, you may contact the race director for the time of the ride meeting the night before, or else get the necessary information when you arrive in the morning.

**Start Time** 25/15 mile races will start at 8:00am. 10 mile race will start at 8:15. Same time for both days. If you are arriving the morning of your race, please arrive with enough time to vet in and warm your horse up before the race.

**Ride Manager** Any questions or concerns, please contact Helena George 336-500-7910 (call or text)

**New Ride and Tiers** Please call and ask all your questions! We want you to have a safe and fun time. :)