



SAURATOWN MOUNTAIN RIDE AND TIE
Friday, September 25th, 2020, and Saturday, September 26th, 2020
25/15/10 Mile Ride and Tie, and 10/10 Equathon

What is Ride and Tie? An endurance team race, where two people take turns running and riding one horse. The first rider will go along the trail (while the other runs) a certain distance, tie the horse to a tree, and continue on foot. The other partner will reach the horse, mount, and ride to catch up to or pass the other partner. By switching places in this manner (rules state they must switch at least 6 times), the distance is covered by all three team members. The final team time is when all members have crossed the finish line.

What is Equathon? An Equathon is a race where a rider does a course and comes back to the start point. When the horse reaches veterinarian criteria, the human (can be same rider or another person) completes the trail run.

What if I'm slow? What if I don't want to tie my horse? What if my horse has never done something like this before? Just come on out and try something new! You don't have to run or even tie your horse to participate! Your team may walk/hike the entire trail together, if you wish. If you want to avoid any big take-off at the start, you may wait for a few minutes after the start to head out on the course. The short distance will be going in an opposite direction from long distance, so you won't have to worry about being in their way! Come on out and enjoy the trails at your own pace. *To finish is to win!*

Trails The race will be held on the Sauratown Trail, a unique 25 mile bridle and hiking trail that connects Hanging Rock and Pilot Mountain State Parks. It is an official section of the North Carolina Mountains-to-Sea Trail, and is maintained by the Sauratown Trails Association. This trail is unique because it relies on the generosity of private landowners who allow us to build, use, and maintain trails on their property. Trails wind along creeks and fields and across Sauratown Mountain. Some sections are graveled (shoes or hoof boots recommended), a few sections are rocky, others are soft dirt.

Rules & Memberships Rules can be found at the Ride and Tie website (rideandtie.org). You must be a member of the Ride and Tie Association to race (for insurance purposes), but if you are a first-time participator, membership for your first year is free (though you still need to fill out the form once you arrive at the Ride Camp)!

Race Entry Forms can be found at the Ride and Tie website (rideandtie.org). Or you can contact the race director (336-500-7910 helena.george.writer@gmail.com). Please send completed form with check, signed release and copy of horse coggins.

Ride Camp Race will be held at Mountain Trail Stables. Vet-ins, camping, and same-day registry paperwork will all be handled here. A limited number of stalls (9) will be available. Trailer parking will be tight (please bring your smallest trailer), but there will be a field to pitch tents and place portable fencing for horses. The field is large, but hilly, and not suitable for large rigs. Possible additional camping available at farm 10 minutes away from Ride Camp location (see race director for details). *Please contact Mountain Trail Stables to arrange your camping 336-351-5654 and 336-403-0929.*



Directions Mountain Trail Stables, 1630 Merridon Drive, Pinnacle, NC 27043

Race Vet Dr. Jose Castro from Davie County Large Animal Hospital

Vet-in, Meals & Ride Briefing Vet-in for Friday race will start late Thursday afternoon at Ride Camp; Saturday riders may vet in Friday evening or the morning of race. No meals will be provided during the event. However, Ride Briefing will be held at local restaurant. The town of Pilot Mountain is an easy 10 minute drive from Ride Camp and has a nice grocery store and several dining options. If you are planning to arrive the morning of your race or live locally, you may contact the race director for the time of the ride meeting the night before, or else get the necessary information when you arrive in the morning.

Start Time 25 and 15 mile races will start at 7:00am. 10 mile race will start at 7:15am (same time for both days). If you are arriving that morning, please arrive with in time to do the paperwork, vet in, and warm your horse up before the race.

Ride Manager Any questions or concerns, please contact Helena George 336-500-7910 (call or text)

More Info Please go to rideandtie.org for more information or to find a race buddy.