Farewell to four of our Ride & Tie Family Members.
Happy Trails, We miss you!

Charles Leslie Yates
“People who do Ride & Tie don’t just embrace life... they grab it with both hands and squeeze...hard!”
-Leslie Yates

F. Warren Hellman
7/25/1934 - 12/18/2011
“The most unlikely banjo player Wall Street has ever produced”
-John Osterweis

Without exception, each of our recently departed Ride & Tie friends has said that Ride & Tie was among those things in their life of which they were most proud. May we all continue that pride and passion for our sport.

Chet Relyea
5/12/1930 - 12/10/2011

Bob Dickerson
5/10/1921 - 12/7/2011
PRESIDENT’S MESSAGE

Well folks, you’re in trouble now. You’ve elected an engineer to be your president. Not just any engineer, but a bonafide type “A” personality who also happens to be a husband, father, triathlete, trail runner, snowshoe racer, skate skier, and all around fitness junkie. My lovely and talented wife Susan tells me I’m addicted to exercise. All I can say is that there are much worse things to which I could be addicted.

Who do you have to blame for my meteoric rise to the pinnacle of ride & tie? Don Betts of course. Don introduced me to the sport of ride & tie in 2006. I showed up at the Mt. Adams Ride & Tie, just wanting to see what this crazy sport was all about. I was 40 years old and hadn’t been on a horse since I was 18 and herding cattle on a ranch in Montana. Don handed over his seasoned R&T horse Cinder, introduced me to my partner, Tim Rubin, and the rest is history. Since that fateful day, I have completed over 25 R&T’s including four long course championships. I have watched my daughters, Libby (17) and Regan (15) complete R&T’s as well and hope that someday they get as excited about the sport as I am.

As your president for the upcoming year, I pledge to make decisions. Mostly good, sometimes not so much, I pride myself in making decisions. I’ll seek input from those seasoned veterans of R&T and those fresh new faces; but in the end I will make an informed decision and live with the consequences of that decision. My #1 goal as president will be to increase our membership and participation. Okay, technically that is two goals, but they go hand-in-hand. I believe the key to increasing participation is to find people who know how to ride a horse and team them up with adventure-seeking runners from all walks of life. My primary focus will be to get the trail runners and road runners to consider a R&T, and then we will twist the arms of our endurance-riding friends and convince them to try a R&T. This two pronged approach will give us a steady stream of new ride & tiers for many years.

Thank you for handing me the reins this year. I’ll endeavor to stay on the horse while riding and run like the wind when I’m off the course. I’ll make sure not to run by the tied horse or push the horse too hard. We’ll get through this year together, and while I can’t guarantee you Best Condition at the end of my presidency, but I’ll do my best to make sure we get a completion.

The pain of parting is nothing to the joy of meeting again.
-Charles Dickens

My message for this newsletter will be short and sweet. I just want to take this opportunity to let you all know that I decided to resign as Association President. It was a difficult decision, but one I had to make. I have had the opportunity to start teaching at California State University, Long Beach. Last semester it was one class, this semester it is two classes. This was an offer I could not refuse. But as this is in addition to a full time job and lots of other activities, it was not tenable for me to continue in this role, too. I will remain on the board until my term is up, but will have no formal duties.

Ben Volk, who was previously the Vice President, has graciously stepped up to the plate. Ben will do a fantastic job!

It has been a tremendous honor to serve the Association and members in this capacity. I look forward to continuing to participate in ride & tie and seeing you all out on the trail.

-Melanie Weir

Editors’ Note: THANK YOU, Melanie, for a spectacular job these past two years as our president. We look forward to seeing you at some R&T races this year and hearing about your new job! Photo: Cuyamaca Ride & Tie 2011, by Annie Libby.
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As cited in the November 2011 Endurance News Vet Forum by Dr. Olin Balch, lameness pulls represented 44% of the total pull codes for endurance rides of all distances from 2007 to 2008. Given how far an endurance horse travels in a day, or over a multitude of days, it is not surprising that lameness accounts for nearly three times more pulls than pulls for metabolic reasons. Additionally, it was noted that forelimb lameness was two times more likely be to the source of the lameness than the rear end.

Lameness Types
In the sport of endurance, lameness is generally divided into soft tissue-type injuries such as muscle, tendons and ligaments, and by injuries to the feet or bony structures such as joints or long bones.

Further, lameness in the sport of endurance is usually thought of as either transient/ride day sources of pain that resolve fairly quickly, or by those more significant types of lameness that are more serious. These serious lamenesses can persist for long periods of time, or even turn into permanent career-limiting or career-ending situations.

In addition, depending on the course the horse is competing on, specific types of injuries are to be expected. Rocky terrain often causes stone bruising to the feet. Jarring, hard ground can aggravate existing joint problems. Soft ground, such as sand or mud, commonly causes a higher proportion of soft tissue injuries such as bowed tendons, pulled ligaments, or muscle strains.

Transient Issues
Transient lameness that results in the horse being pulled are most often muscle strains, pulls, cramps, and tie-ups, or bruised soles and other foot problems. Muscle issues usually arise early in the ride, or at the later stages. They are often the result of fatigue, metabolic abnormalities, or can be caused by extreme terrain such as hills, mud or deep sand. Usually these issues resolve rapidly, sometimes frustratingly even within hours, or within a few days to a week.

Avoiding diets high in simple sugars and starches that promote tie-up, providing adequate free exercise in between workouts and rides, conditioning the horse properly for the task at hand, adequate electrolyte use on ride day, and attention to the course terrain can all go a long way to preventing pulls from muscle soreness.

Foot problems are most commonly a ride day pull from bruised soles, pulled shoes, or improperly fitting boots that resolve over a few days to weeks. It is more common to see soreness in the front hooves than rear hooves.

Adequate protection, such as thicker webbed shoes, pads or pour-in pads, hoof boots and careful riding through rough terrain on ride day can help reduce sore feet and their resulting eliminations.

More chronic hoof problems and soreness can result from poor trimming or shoeing, allowing imbalances of the hoof capsule. Proper attention to hoof balance and avoiding the long toe (under-run heel syndrome most specifically) can go a long way to keeping endurance horses sound.

Navicular syndrome, or caudal heel pain syndrome, is not commonly seen in Arabian endurance horses.

Pulls and Tears
Lameness issues that arise from more serious and likely more persistent sources of soreness usually fall into two categories: soft tissue pulls or tears of the tendons or ligaments, and bony problems such as arthritis of the joints or primary bone issues such as splints.
Thankfully, catastrophic fracture injuries such as those seen in Thoroughbred racing are extremely rare occurrences in endurance events. Other common race horse injuries such as chip fractures or slab fractures of the joints and bones are also highly unlikely in the average American endurance horse.

However, there has been a noted increase in flat racing-type fractures in competing endurance horses in FEI events outside the U.S. and Canada.

**Suspensory Lameness**

It is generally thought that the most common tendon/ligament issue in endurance horses is a suspensory ligament desmitis or strain, followed less commonly by superficial flexor tendonitis or bows. The injuries to the suspensory ligament are most commonly found near the origin of the suspensory just below the knee or hock, and are more common in the front limb than the rear limb.

In general, suspensory ligament injuries arise in the younger, more unfit horse in the earlier stages of the ride, and in older horses near the end of the ride when fatigue is at its highest. Suspensory lameness can be severe and sudden in onset, or can present as a more chronic, low-grade, nagging issue. Little swelling is noted, given that the suspensory ligament runs along the back of the cannon bone. The earlier the diagnosis the better, and treatment and prognosis depends on the extent of the suspensory ligament damage and on the severity of the lesion itself. Long-term prognosis for return to competition is often dicey at best, as the healed but injured ligament is prone to reinjury.

Careful and gradual conditioning of young horses, maintaining good hoof balance, and attention to speed and terrain on ride day can often help prevent suspensory ligament problems.

**Other Soft Tissue Injuries**

Along with superficial flexor tendonitis, other commonly seen soft tissue injuries are check ligament strains and curbs, or strains to the soft tissues at the back side of the hock. These can all present as sudden injuries, or as chronic, low-grade, nagging issues. Prognosis for return to full level of competition also depends on the size and severity of the injury, and how often or how long-standing the injury was prior to treatment. Prevention steps would be the same as noted for avoiding suspensory ligament desmitis.

**Bone Problems**

Bone problems in the endurance horse by far are dominated by the nuisance splints and the more sinister issues of arthritis. Splints occur when the forces along the bony column of the lower limb require more stabilization between the splint bones and the cannon bones. The horse’s body responds by forming a bony bridge, or callous, between the splint bone and the cannon bone.

Splints in endurance horses do not occur just in young horses, but can occur at any age, whenever the level of training or competition has reached sufficient stress to require a reaction by the horse’s body. However, splints are usually benign, require minimal to modest treatment, and only require work layoffs from a few weeks to two months. Arthritis, on the other hand, is a chronic, progressive inflammation of the joints, most commonly occurring in the endurance horse in the front ankles and in the rear limbs in the hocks.

Over time, arthritis causes damage to the cartilage surfaces of the joints, resulting in pain, decreased range of motion and decreased performance of those joints. Arthritis is generally thought of as a wear-and-tear, degeneration-over-time syndrome.

Treatment aimed at reducing joint inflammation is the only way to manage arthritis, as it cannot be cured, but can only be controlled to a certain degree. Joint supplements, balanced shoeing and careful use of injectable and intra-articular medications to control pain and inflammation are all commonly used in the arsenal against arthritis.

In recent years, newer types of joint injections using the patient’s own immune cells have shown some promise in slowing the destruction of arthritis. Competing horses judiciously, allowing plenty of rest between efforts, is also a necessary management tool to prolong the horse’s athletic potential.
Leslie Yates loved Ride and Tie! It was so obvious from the first moment I met him at the World Ride & Tie Championship (WRTC) at Cuneo Creek, June 2009. He was so enthusiastic about the sport and whenever he spoke about it, his eyes sparkled. Leslie's world was actually fairly straightforward. First he was about his work – he absolutely loved his job as an anesthesiologist, which utterly defined him, and then after that, it was ride & tie. Here are a few words that Leslie wrote to me via email, describing why ride & tie was such a fit for him:

"I have lived a very healthy lifestyle throughout my years. Physical fitness has always been an important factor in my life. Approximately 25 years past, I discovered ride & tie. Quite frankly, I fell in love with that concept of planning, preparation, training, horses, running, outdoors, and the people and attitudes which describe ride & tie."  12/8/09 LY

"I love ride & tie because it is outdoors, exercise, no pretentiousness, caring for horses, fair and spirited competition, the unique spirit of adventure and the 'carpe diem,' attitude of the people who participate. Life is short...people who do ride & tie don't just embrace life...they grab it with both hands and squeeze....hard! I love all this."  6/24/10 LY

Ride & tie was a way of life for Leslie outside of the anesthesia practice that he started and grew into a thriving business in Murray, Kentucky. The races took him out of Kentucky and into California, where he loved the open attitudes of the people, the natural beauty of the race sites, and the health and fitness lifestyle. He felt a great affinity and pull towards California, and ride & tie surrounded him with what he called 'real people'. He was able so spend real energy on multiple Ride & Ties most years, finding that competing in these grueling, wonderful events was a big part of what sustained him. He loved California so much that he had dreams of moving there, but his life ended too soon.

Leslie was very thankful to all his partners over the years – especially as he got slower and slower and his partners took on more and more of the running! Despite his slow down, he still loved to participate. He was also very thankful for all the horse owners who leased him horses over the years. He never owned his own ride & tie horse. He used to tell me stories about trying to find a horse for each and every race he entered. Remember, many of his ride & tie years were before internet and email. I have read some of his letters, inviting and confirming partnerships with people and mounts for races later in the year. All of this took even more effort on his part than those of us who own our own horse - we can just load 'em up and go. Leslie had to find a horse each and every time. He had to fly from Kentucky for all the races. All this expense and energy he put into ride & tie point up just how devoted he was to our sport.

His love for the sport went beyond himself. He was always interested in helping out those with less means or experience. In 2010 he made the dreams come true for two young Kentucky ride & tie enthusiasts. At the WRTC at Mt. Adams he located and paid for a horse for Emily Shouse and A. Shay Hanson to compete with, and he even paid for their flights out west. They were ecstatic about the opportunity he gave to them. Leslie was always so excited to help others with ride & tie – he was passionate about it and it gave him much joy.

For that same race, he had the idea to hire a band, so that we could all enjoy dancing away the evening after the 40th anniversary WRTC. He loved to dance and wanted to make it so all of what he called “our ride & tie people” could have a good time. He was so excited about the idea, and he made it happen. What a magical gift - a band in the middle of the forest at Mt. Adams ride camp, with all of us dancing up a great time. Thank you Leslie! He was so proud and joyful to see so many of you having such a great time at the celebration. It was exactly what he wanted to see.

Back up a bit, I have a good story of how Leslie was responsible for putting my beloved horse IronWyll and me together. It happened because it was his job to find a mount for us for the Ft. Valley Ride & Tie in VA, for which we partnered in October 2009. He lined up this horse named IronWyll. Leslie and I were together when we first laid eyes on the horse, the day before my 50th birthday, the day before the race. I looked over at Leslie and said “What are you thinking?! This horse is too big, he's a giant!” Leslie had picked Wyll over his smaller sister Apple, with the sound logic that Wyll could more easily carry Leslie’s 6’3” frame. We all know how we feel about tall ride & tie horses. I was worried. Luckily, we had double stirrups to render IronWyll mountable. And boy am I glad Leslie picked Giant Wyll! The horse was absolutely amazing during the race, and we learned he had short-listed for endurance at the World Equestrian Games in Germany two years prior. His owner had since lost interest in endurance, I was in the market for a ride & tie horse, so I got Wyll. I am eternally grateful to Leslie for finding this remarkable horse for me! Leslie is a part of Wyll and me forever.
Backing way up, here is funny story about Leslie that he told me - and just recently the wife of his brother, Neil retold it to me as one of Neil’s favorite stories about Leslie. It is the story of Leslie and Neil winning a pony. Every year there was a drawing at the local fair and the prize was a pony. The young brothers had entered in the past, but had not won. One year, when they were about 10 and 11 years old, they vowed they would be the winners. Those little boys were determined. They cleaned out the stall at the barn, put out fresh water and fresh hay, so convinced they would bring home the pony. Then they stuffed the box at the fair with so many entries that they actually WON. When their names were called out, they claimed the pony (Cocoa) and walked the pony home where the fresh stall awaited. Meanwhile their names were being called out for one cake after another.

Leslie also told me that he used to play a ride & tie game of sorts with this pony. He would gallop Cocoa all over the farm where he grew up in Kentucky and then tie Cocoa to a tree, then do a running lap around the pastures, then untie Cocoa, gallop around, tie, run, gallop. You get the idea. No wonder Leslie took to ride & tie with such passion.

Steve Anderson forwarded me Leslie’s race stats – Leslie was a loyal ride & tie competitor for over 25 years:

- His first race was at the 1986 Big Creek Championship.
- He is 43rd overall in the 1,000 Mile Club with 1,249 miles
- He is in the top 1.4% of all ride & tiers in terms of total lifetime miles
- He completed 16 of his 17 Championships, for a 94% completion record
- His best year was 1991 with 121 miles of racing
- He competed in 45 ride & tie races over his lifetime

In Leslie’s earlier years, his sport of choice was basketball. He excelled and was awarded a basketball scholarship to Vanderbilt University where he played for the Commodores. He was proud of that, but prouder of his participation in ride & tie.

I am so grateful that I was able to have Leslie in my life - I’m also grateful for Susan Smyth, who introduced us at the 2009 Championship These are Leslie’s words he wrote to me in an email a few months later about that moment:

Susan Smyth: “Hi Leslie, there’s a lady here who wants to meet you.”
Leslie Yates: “Really...Where is she?”
Susan Smyth: “Her name is Carrie...she’s sitting at the table over there.”
Leslie Yates: “Where?”
Susan Smyth: “Right there. She has her own horse.”
Leslie Yates: “Oh my gosh...she’s a cutie! She has Hollywood hair.”

“So, that is how it started. I saw you from the back a few picnic tables over. You had on your winter ski hat with your goldilocks hair flowing from beneath your ski hat. And gloves on your hands, I believe. All bundled up...it was cold! As I was looking in your direction, you turned slightly to say something to someone and I saw you animatedly talking to someone. Obviously, you were in the ‘Post ride & tie’ happy zone, celebrating, talking. You were way soooooooo cute!! I liked you at that moment. So, therefore, I liked you before I knew you! A moment which I’ll never forget ” Written by Leslie Yates in an email to me 12/30/11.

From then on it was history between us. Leslie and I were soulmates on so many different levels. We traveled together, rode together, toolled around together, and discussed for hours our similar thoughts on life, love, nature, animals, fitness, politics, medicine, the future and all that was important in our world to us. I don’t think I’ve ever known anyone with a gentler heart or a brighter smile, or such depth of emotion. He was the most thoughtful, attentive and supportive partner I can ever imagine – he was always there for me, always, always, always. I will miss him forever and my world is not the same without him here. I will remember always his impossibly handsome face, smiling so impishly, eyes twinkling, excitedly talking about ride & tie, his big hand on my shoulder.

May Leslie rest in peace. May he stand tall and endure in your ride & tie memories of him. --Carrie Barrett, 2011

Leslie Yates will leave a larger legacy than our fond memories of his generosity and good nature. He loved to mentor new participants and help them get started in ride & tie. To help continue that work the Leslie Yates Ride & Tie Mentorship Fund has been set up in his honor. All donations will be used to mentor or sponsor ride & tiers that need financial assistance to participate. Donations can be mailed to:

Ride and Tie Association - The Leslie Yates Ride & Tie Mentorship Fund
2709 Road 64
Pasco, WA 93301

rideandtie.org      Page 6
My first job out of business school was with a regional brokerage firm, J. Barth. The managing partner was Warren’s dad, Marco (Micky) Hellman. During my time at J. Barth, I heard about Warren – already legendary as the youngest partner ever at Lehman Brothers - but met him once only briefly enough to shake hands.

About a dozen years later Warren moved to San Francisco to manage the local Lehman office. I was then working for E. F. Hutton. We arranged to have lunch to discuss a mutual investment banking client of our two firms. At that lunch Warren and I discovered we both had a passion for running and quickly made plans to run together.

From that point on we became constant running partners. I soon discovered he was no ordinary training buddy, but an intensely competitive individual. As long as my shoulder was behind Warren’s we had an enjoyable run. If, however, I ever made the mistake of inching slightly ahead, suddenly Warren’s pace would pick up and the run would turn into a race. My apparently self-effacing pal, so prone to self-deprecating humor, in reality felt uncomfortable running in second place.

One day Warren asked if I had ever ridden a horse. I said “yes, as a kid.” He too. It seems he had learned about this crazy race from Bud Johns at Levi’s in which teams of two guys alternate running and riding over 25–40 miles. Any interest? Sure.

So we leased “Old Grey” from Lud and Barbara McCrary and the rest is history. Warren and I remained Ride and Tie partners for 13 years. The happiest I have ever seen him, before or since, was when we won Century in the Saddle in the 1990 Championship. Our horse had been injured, so we borrowed “Bugs” from Steve Shaw, ran like hell and took the title. They made a poster of us crossing the finish line. Two very happy guys.

When a few years later, I suffered a running injury and could not compete, Warren teamed up with Marc Richtman. That led to the revelation that a team with one really strong runner could, in fact, be extraordinarily competitive in the open field. Warren came to me, said that since neither of us was a “middle of the pack” kind of guy, he thought we should end our partnership and each recruit a
And so we did, and for the rest of our ride and tie careers we competed in what I called “the battle of the ringers.”

About the time we started in Ride and Tie, Warren helped me launch Osterweis Capital Management. From the firm’s inception until the day he died, Warren was a minority owner, director and client of our firm. His sage advice over the years proved immensely helpful in managing and growing the business. I am forever grateful for his partnership and encouragement.

Warren’s many business successes have been well documented. A great part of his skill lay in identifying talented individuals and backing them in a way that allowed them to flourish. Unlike a lot of investors, Warren did not seek control, but rather thought of his role as a backer and a mentor. This allowed him to make a number of extra-ordinarily successful deals over the years.

I feel privileged to have been partners with Warren, first running, then Ride & Tie, and finally business. I will miss him, the most unlikely banjo player Wall Street ever produced.

- John Osterweis

The Hellman-Osterweis team featured on the 1995 race poster. Warren, mounted, and John, are glad to be finished! Poster: Ride and Tie collection.

**To infinity, and beyond!**

Our beloved ride & tiers carry some impressive statistics with them to those great races in the sky:

- Warren Hellman competed in 23 ride & tie championships and had 2,772 Lifetime miles.
- Leslie Yates competed in 17 championships and had 1,249 Lifetime miles.
- Chet Relyea competed in 12 championships and had 948 Lifetime miles.
- Bob Dickerson competed in 4 championships and had 174 Lifetime miles.
Hello Ride & Tiers,

Thanks so much for including Dad in the Ride & Tie Newsletter tribute ... I am certain that he and Starlet are traversing the trails in heaven on these “glorious” (his word) spring days.

He loved reminiscing about Ride & Tie, and in recent years he talked about those experiences as highlights of his running years.

From his first Ride & Tie (1973 I think!) in partnership with Joan Ruprecht, to teaming up with Carol Driscoll, and later partnering with me on his own horse Starlet ... that year in Forest Hills in the 110+ temperatures where we pulled out after 25 miles ... he loved the sport. He loved the competition, he loved the people, he loved the trail environs, he loved the special bond Ride & Tie created between human and equine partners.

He cherished his belt buckles and recalled great stories about the courses, the travels to and from and the after-event activities including the relief that came from soaking broken-down feet in icy stream waters.

Dad was also a wonderful crew member for me in later Ride & Ties.

Attached is a photo of Dad after finishing the Foresthill Levi’s Ride & Tie in 1985. Thanks again for including Dad in the newsletter memories.

-Cathy Dickerson

To the Ride & Tie Community,

I didn’t know Bob well but he made a definite impression. I think of him as a “kind old gentleman.” The type I strive to be as I move into retirement.

I met Bob and interacted with him several times at foot races sponsored by the Six Rivers Running Club of Humboldt County, California as well as Ride & Tie events. He was one of the “Old Men” as we use to call them. They were a group of mostly college professors from Humboldt State that continued to race and set age group records at club events.

In my thirties, as a timber worker in Humboldt County, I looked at Bob and this group of “Old Men” as an amazing group of athletes. I didn’t think that I would live as long as them nor be able to compete as they were at such an advanced age. I was in awe of their accomplishments and they treated me as one of them giving advice and encouragement. This meant much to me and a common bond was formed that changed my life.

If I could, I would like to say a thank you of respect, of admiration, and for his kindness. Bob Dickerson was truly a gentleman of the highest regard.

Sincerely,

Mike Addis
3rd Grade Teacher, Hidden Valley, California
Dear Ride & Tiers,

Chet became an equestrian in his early 40’s. We were very fortunate to be able to keep our horses at Mary Tiscornia’s “Rancho Baulines”. For ten years we resisted her urging to participate in ride & tie. Finally, we agreed to give it a try in 1985, the infamous Forest Hills ride & tie, where it was 98 degrees at the 8 a.m. start time. We were one of the 78 teams that finished out of the 175 teams that started that race. Thanks to Jim and D’Ann Steere’s horse taking a bit longer to pulse down at vet checks, Chet and I won the Century in the Saddle award and either the first man/woman team -- or maybe one of the first ten man/woman team -- awards. In those days we shared a horse trailer with Michelle Roush, who trailered our horse to the ride. After having difficulty keeping “Cid” in the pen the week before the ride, Chet and I had to practically beat him to get him to leave it to go for the post-ride vet check.

About the time Chet and I did our last ride & tie -- around the turn of the century -- Chet was diagnosed with a “Parkinson’s Variant.” Thanks to the endurance that got us through ride & ties, he remained physically active for several years. A man of few words, Chet became a man of even fewer words as his illness progressed. Nevertheless, he retained his quiet, dry humor. When asked a few weeks before he died how he wanted his breakfast egg, he responded, “cooked”.

Of all of our friends, Chet most admired our fellow ride & tiers, who were both competitive and supportive. Of all of his accomplishments, Chet was most proud that we completed all 32 ride & ties we started, albeit at or near the back of the pack.

Thanks for the wonderful memories!  

-Judy Teichman

Hey Ride & Tiers! Do you have a horse to loan or lease for this year’s Championship at Bandit Springs near Prineville, Oregon on July 21st? There are teams looking for equine partners for the Championship. If you have a horse you can loan or lease please visit our website at www.rideandtie.org, click on “Find a Teammate”, and enter your “horse for lease” info into the “Teammate Ad Form” provided. Your horse could make it possible for an out-of-state team to compete in the Championship! Please be sure your horse is trained for Ride & Tie!
2012 RIDE & TIE RACE SCHEDULE

• Mar 17, 2012, BAR H BOOGIE Ride & Tie Lake Matthews, CA
  10, 20 mile courses.  Contact Kat Swigart 714-747-3563 katswig@earthlink.net

• Mar 24, 2012, SUNRISE CANYON Ride & Tie, Kennewick, WA
  22, 11 mile courses.  Contact Ira Hickman 509-430-6288 apcconstruction@msn.com or Ben Volk  509-521-6249  bvolk@jub.com

• Apr 14, 2012, FOXCATCHER Ride & Tie, Fair Hill MD
  25, 10 mile courses.  Contact Louisa Emerick  410-398-7234 or Barbara Bateman 302-598-3110

• Apr 28, 2012, NO FRILLS Ride & Tie, Star Tannery VA
  12, 30, 55 mile courses.  Contact Mary Howell 804-932-9328 countshiloh@gmail.com or John Marsh 703-556-0223 jjmarshii@earthlink.net

• May 12, 2012, BILTMORE Ride & Tie, Asheville, NC
  4, 8, 15, 30 miles.  Contact Sara Boelt  lightermount1986@gmail.com

• May 12, 2012, CACHE CREEK Ride & Tie, Williams, CA
  15 and 25 miles.  Contact Jennifer Stalley  530-755-6777  jdstalley@gmail.com

• May 19, 2012, MT ADAMS Ride & Tie, Mt. Adams, WA
  25 miles.  Contact Darlene Anderson or Veronica Glenn  endrncrider@gmail.com  or  dichamps05@gmail.com

• Jun 9, 2012, RUN n RIDE 4 RESCUE, Hamilton, MT  CANCELLED
  8, 20 miles.  Contact Kelly Carper Polden info@westernmontanaequinerescue.org

• Jun 16, 2012, DESCANSO Ride & Tie, Descanso CA
  15, 23 miles Contact Terry Howe 619-445-5443 terryhowe@hughes.net

• Jun 17, 2012, LLANO ESTACADO CHALLENGE, Amarillo, TX  NEW RACE!!
  9, 20 miles.  Contact Lorie Van Ongevalle 806-676-1339 VOArabians@aol.com

• Jun 24, 2012, WILD WEST RIDE & TIE, Nevada City, CA
  12, 25 miles.  Contact Melissa Ribley 530-268-1378 mribley@wildblue.net

• Jun 24, 2012, STRAWBERRY FIELDS Ride & Tie, Park City, UT  NEW RACE!!
  25 miles.  Contact Howard Kent.  801-580-7036  HK@SLIcom.net  www.strawberryenduranceride.com

• Jun 30, 2012, SNOW TENT SLIDE Ride & Tie, Nevada City, CA
  10, 20 miles.  Contact Cheryl Domnitch 530-748-4305 cdefpe@aol.com or Susan Smyth 916-663-9410 susansmythjackson@gmail.com

• Jul 14, 2012, BANDIT SPRINGS Ride & Tie, Ochoco Natl Forest, OR
  10, 15, 30 miles.  Contact Janelle Wilde  jwilde@wildevents.info

• Jul 15-21, 2012, FORT STANTON Ride & Tie, Capitan NM
  25, 35 miles (varies by day) Check website Contact Roger or Sue at roger_sue@prodigy.net

• Jul 21, 2012, 42nd ANNUAL RIDE & TIE CHAMPIONSHIP, Ochoco Natl Forest, OR
  35 and 20 miles.  Contact Janelle Wilde  jwilde@wildevents.info

• Jul 28-29, 2012, OLD DOMINION Ride & Tie Weekend
  6, 12, 20 miles, clinic also.  Contact Lani Newcomb 540-554-2004 give2bute@aol.com

• Aug 11, 2012, SANTIAM CASCADE, Sisters OR
  10, 30, 50, 80 miles.  Contact Anna Sampson 503-829-6002 sampson@molalla.net

• Sep 1, 2012, ONE HEART BENEFIT Ride & Tie Maxwell, IA
  5, 12, 21 miles.  Contact Eileen Witt 515-290-2306 oneheartrideandtie@gmail.com

• Sep 16, 2012, BIG BEAR Ride & Tie Big Bear, CA  NEW RACE!!
  17, 23 miles  Contact Kat Swigart 714-474-3563 katswig@earthlink.net

• Sep 17-19, 2012, BIG SOUTH FORK Ride & Tie, Jamestown/Oneida, TN
  8,15,30,50 miles.  Contact Karen Isaacs 423-474-3024 thomaskaren@embarqmail.com

• Sep TBA, COOLEST Ride & Tie, Cool, CA
  Distance TBA.  Contact Susan Smyth 916-663-9410  susansmythjackson@gmail.com

• Oct 20, 2012, FOOTHILLS OF THE CASCADES, Molalla, OR
  25 miles.  Contact Anna Sampson or Mary Nunn 503-839-5321 flyingn@molalla.net

• Oct 26-27, 2012, FORT VALLEY Ride & Tie, Fort Valley, VA
  18, 30, 50 miles.  Contact Susan Trader 703-556-0223 susntrader@aol.com

• Oct 27-28, 2012, CUYAMACA Ride & Tie Weekend, Julian, CA
  4, 14, 22, 27 miles (varies by day).  Contact Melanie Weir 714-321-3695 melanie.weir11@gmail.com
### RACE RESULTS

**MT. ADAMS Ride & Tie - 25 Miles**  
May 21, 2011  
Ira Hickman/Ben Volk on Dartanian  
3:05

**MT. ADAMS Short Course - 12 Miles**  
May 21, 2011  
Lucas King/Alex King on Mondart  
1:24

**DESCANSO Ride & Tie - 25 Miles**  
June 18, 2011  
Tara Jordan/Sharlee Rushing on Pebbles  
3:44

**DESCANSO Short Course - 15 Miles**  
June 18, 2011  
Aaron Ruud/Mickey Roman on Cisco  
2:32  
Kari Morgan/Glen Morgan on Zeus  
2:33

**CHESAPEAKE FALL Ride & Tie - 30 Miles**  
Sep 16, 2011  
Lani Newcomb/Kathy Broaddus on Coral  
5:09  
Dave Venable/Rhonda Venable on Stryde  
6:00

**CHESAPEAKE FALL Ride & Tie - 30 Miles**  
Sep 17, 2011  
Lani Newcomb/Kathy Broaddus on Coral  
5:01  
Dave Venable/Rhonda Venable on Zeus  
5:17

**CHESAPEAKE FALL Short Course - 15 Miles**  
Sep 17, 2011  
Erin Knippenberg/Laura Yost on Egyptian Baskette  
3:15

**THE COOLEST Ride & Tie - 25 Miles**  
Oct 1, 2011  
Carrie Barrett/Mark Richtman on IronWyll  
3:21  
Michael Whelan/Guilla Pratt on Stryde  
3:52

**THE COOLEST Short Course - 18 Miles**  
Oct 1, 2011  
Susan Smyth/Emily Gregg on Joe Peshi  
2:16  
Victoria Ordway/Jessica Pinto on Mojito  
3:45

**THE COOLEST Short Course - 13 Miles**  
Oct 1, 2011  
Amrita OLeary/Simone Julian on Candy  
2:03  
Samantha Wakerlin/Willow Newcomb on Buddy  
2:29  
Melissa Montgomery/Iris Leutenegger on Georgia  
3:00

**THE COOLEST Short Course - 5 Miles**  
Oct 1, 2011  
Justin Hirst/Christina Hirst on Ruby  
0:52  
Gunilla Pratt/Michael Whelan on Jerry  
1:00  
Mika Pitre/Kiyana Pitre on Tinkerbell  
1:10  
Marlena Davisson/Heike Heyken Davisson on Saudi  
1:16  
Linda Shaw Lieberman/Frank Lieberman on Neils  
1:27  
Kyle Bakewell/Emily Bakewell on Sunny  
1:31  
Sandy Emroo/Joan Mallum on Snowflake  
2:02

**FOOTHILLS OF CASCADES Ride & Tie - 25 Miles**  
Oct 15, 2011  
Ira Hickman/Ben Volk on Dartanion  
4:18  
RG Root/Julie Lemburg on Flaming Will  
5:00

**FORT VALLEY Ride & Tie - 25 Miles**  
Oct 21, 2011  
Dave Venable/Rhonda Venable on Tanner  
5:56

**CUYAMACA Ride & Tie - 27 Miles**  
Oct 29, 2011  
Rufus Schneider/Beth Love on Temperance (BC)  
3:52  
Gunilla Pratt/Michael Whelan on Mark  
3:58  
Thomas Gey/Kathy Blakesley on Findefar  
4:30:35  
Holly McGlenn/Melanie Weir on Hat Trick  
4:30:36  
Victoria Ordway/Jonathan Jordan on Christie  
5:14  
Richard Noer/Vince Balch on Koona  
DNF

**CUYAMACA Short Course - 14 Miles**  
Oct 29, 2011  
Aaron Ruud/Mickey Roman on Diego  
2:12  
Sharlee Rushing/Jane McGrath on Pebbles  
2:28

---

**RACE RESULTS (continued)**

**CUYAMACA Short Course - 5 Miles**  
Oct 29, 2011  
Kayla Ruud/Brianna Barker on Temperance  
0:57  
Mark Love/Ryan Love on Justin  
1:04  
Tara Jordan/Atticus Jordan on Crissy  
1:41:10  
Debra Kirk/Elijah Jordan on Keigan  
1:41:14  
Ethan Dahl/Morgan Dahl on Ashleigh  
1:49  
Brenda Rushing/Sharlee Rushing on FedEx DNF

**CUYAMACA Ride & Tie - 27 Miles**  
Oct 30, 2011  
Melanie Weir/Rufus Schneider on Temperance (BC)  
3:33  
Gunilla Pratt/Michael Whelan on Mark  
3:47  
Sharlee Rushing/Tara Jordan on Pebbles  
3:59  
Glen Morgan/Betsy Morgan on Zeus  
4:00  
Beth Love/Mickey Roman on Diego  
4:39

**CUYAMACA Short Course - 14 Miles**  
Oct 30, 2011  
Jennifer Monioz/Susan Smith on L.P.  
2:35  
Jane McGrath/Brenda Phillips on Hat Trick  
2:47:37  
Thomas Gey/Carol Ruprecht on Feint Impact  
2:47:38

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**RIDEANDTIE.ORG**
## 2011 Point Standings
### Teams, Individuals, Horses, and Rookies

(Top 10 in each category. For complete listing visit www.rideandtie.org)

<table>
<thead>
<tr>
<th>MAN/MAN Teams</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 I. Hickman/B. Volk</td>
<td>225</td>
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<tr>
<td>2 D. Root/T. Rubin</td>
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<td>3 J. Brown/R. Kiernan</td>
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<tr>
<td>4 M. Roman/A. Ruud</td>
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<td>5 C. Riffle/D. Riffle</td>
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<td>6 Hollander/Madsen</td>
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<td>7 P. Browning/D. Rinde</td>
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<td>8 G. Wright/L. Yates</td>
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<td>9 D. Betts/G. Hall</td>
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<td>10 J. Clover/P. Ortiz</td>
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<tr>
<th>WOMAN/MAN Teams</th>
<th>Points</th>
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<tbody>
<tr>
<td>1 G. Pratt/M. Whelan</td>
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<tr>
<td>2 R. Venable/D. Venable</td>
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<tr>
<td>3 A. Parsons/C. Conrow</td>
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<tr>
<td>4 M. Weir/R. Noer</td>
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<td>5 S. Howard/J. Howard</td>
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<tr>
<td>6 Mongrain/G. Morgan</td>
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<tr>
<td>7 E. Ruprecht/T. Gey</td>
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<tr>
<td>8 J. Monioz/R. Noer</td>
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<tr>
<td>9 A. Gominiak/B. Grant</td>
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<td>10 L. Taylor/R. Sansom</td>
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### INDIVIDUAL STANDINGS

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<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
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<th>Total Miles</th>
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<tbody>
<tr>
<td>1 Rufus</td>
<td>Schneider</td>
<td>794</td>
<td>172</td>
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<tr>
<td>2 Melanie</td>
<td>Weir</td>
<td>779</td>
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<td>3 Gunilla</td>
<td>Pratt</td>
<td>754</td>
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<td>4 Mike</td>
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<td>754</td>
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<td>5 Beth</td>
<td>Love</td>
<td>679</td>
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<td>6 Tom</td>
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<td>531</td>
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<td>7 Dave</td>
<td>Venable</td>
<td>490</td>
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<td>8 Rhonda</td>
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<td>9 Kathy</td>
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<td>10 Lani</td>
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### HORSE STANDINGS

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<td>2 Findefar</td>
<td>Gey</td>
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<td>4 Mark</td>
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<td>5 L.P</td>
<td>Pratt</td>
<td>417</td>
<td>111</td>
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<tr>
<td>6 Golden Rose</td>
<td>Clover/Parsons</td>
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<td>95</td>
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<td>7 Joe Peshi</td>
<td>Smyth</td>
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<td>112</td>
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<td>8 Bubba</td>
<td>Heltibridle</td>
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<td>9 Ron G</td>
<td>B. Grant</td>
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<td>10 IronWyll</td>
<td>Barrett</td>
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### WOMAN/WOMAN Teams

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<tr>
<th>Teams</th>
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<td>1 Broadus/Newcomb</td>
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<tr>
<td>2 B. Love/R. Schneider</td>
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<td>3 E. Gragg/S. Smyth</td>
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<td>4 K. Camilli/A. Stalley</td>
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<tr>
<td>5 S. Reimers/M. Weir</td>
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</tr>
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<td>6 L. Truett/D. Wilson</td>
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<td>7 L. Lund/S. Reimers</td>
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<td>8 M. Long/L. Lyttle</td>
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<td>9 C. Wadey/R. Wadey</td>
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<table>
<thead>
<tr>
<th>Total Points</th>
<th>Total Miles</th>
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<td>9</td>
<td>145</td>
</tr>
<tr>
<td>8</td>
<td>145</td>
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</tbody>
</table>

Ride & tie points and miles are available online. Go to the ride and tie website at www.rideandtie.org and click on Points and Mileage, then click on See Individual Member Statistics. Put in your name or member number and look up your stats! Note: the system will default you to 2012. To view 2011 or 2010, select the year in the upper left hand corner. All historic miles have been loaded, but detailed, race-specific results are only there for 2010 forward.
The Humboldt State University archive library in Arcata, California has agreed to host the Ride & Tie sport archives!

Materials in the archives include unique and rare historic Ride & Tie materials from the collections of our sport’s founder, Bud Johns, and the late great Dr. Jim Steere. Bud spent months assembling his files to get them ready for transfer to HSU. Items include original race programs and team lists, correspondence with key developers of the sport, numerous media articles, photos, and even some rare old film footage of some early races. Dr. Steere expressed to me just months before he died, his wish that a suitable archive host could be found for his materials when I was working on the “40 Years of Madness” Ride & Tie history book. His family has graciously donated his materials to the archives.

HSU is an especially appropriate host site for the collection for our unique sport, since there are many interesting and intricate ties between Humboldt County, California, and the sport of Ride & tie. The championship (the Levis, in 1983) has been held in Humboldt County five times, more than any other location in the sport’s history. In addition, numerous HSU faculty members and alumni have been involved in the sport from its early years, notably long-time ride & tier and board member, Ted Ruprecht. Ted was recruited by his wife, Joan, who for several years teamed up with HSU professor Bob Dickerson, who passed away this past December.

The first woman finisher and her partner were HSU students. Patricia Keiffer and Micael Hill tied for 5th place at the 1971 Levi’s Ride & Tie near St. Helena, California. They placed 23rd in the 1972 Levi’s at Alturas, California. Moreover, the 1983 Levi’s Ride & tie in Eureka, California (Humboldt County) fielded the largest turnout of teams ever, with 188 starting teams. I might add that yours truly, with 15 championships under my belt, am also a graduate of HSU, my first race being the 1983 Eureka Levi’s. Also, in the 1983 Levi’s, a 10-year old girl from Petrolia (southwestern Humboldt County) became the youngest finisher to ever complete a championship without the accompaniment of an adult during the race. That little girl was Jenny Scheinman, who went on to become a successful singer violinist, songwriter, and recording artist.

Another youngest finisher record was set in Humboldt County at the 2007 Championship at Humboldt Redwoods State Park, when 9-year old Madison Trocha completed the long course accompanied throughout the race by her teammate/father, Bob Trocha on Madison’s horse, Barbie.

I know Bud thinks HSU is the perfect home for the archives and am confident Jim would feel the same. They both came to Eureka in early 1983 for a seminar Ted Ruprecht masterminded to give a broad introduction for riders and runners to the sport. I, for one, attended that seminar and was hooked on the idea, and rounded up a partner and competed in that 1983 race!. Also, oldtimers in the sport will remember Rex Rathbun, who was introduced to R&T by Dr. Steere. Rex played a key role in staging every championship from 1972 to 1984, and while returning to West Marin from the 1974 championship at Klamath Falls, he even found his home on the Lost Coast where he became a fixture in Humboldt County environmental efforts for a quarter century.

A big THANK YOU from the Ride and Tie Association, to Humboldt State University library for hosting this rare and important collection. It will ensure protection and preservation for future generations of this source of one-of-a-kind historic information for those interested in our sport’s unique and colorful history.

188 teams started the 1983 Levi’s Ride & Tie near Eureka, CA, the largest field in the history of Ride & Tie. Photo: Ride and Tie collection.
I was able to cross something really fun off my bucket list this year. I grew up in Michigan and became aware of ride & tie events when I was a vet student helping to check vitals during endurance rides. I never had an opportunity to crew nor participate in a ride & tie, however, and the sport was sent to the back of my mind as I moved around from state to state completing my internship and oncology residency training. I occupied my free time with long distance running races but I never completely forgot about ride & tie and always thought I’d do one “someday”. So when my friend Holly told me she was entering a race in October of 2011 and she might be able to get me in, I told her “I’m in! Just tell me when and where.”

During 2010 and 2011 I had replaced long distance running with polo as my main hobby so I’d spent a little time in the saddle each week during that time period. But…contrast 7 ½ minute chukkers with 100 minutes of race riding on technical trails and I was more than a little daunted to enter the R&T event I was offered. No way I was turning it down though, so with 3 weeks to train I got down to business.

I was able to do one several hour training ride with Carol Ruprecht and Tom Gey, our race partners. I rode their cute little gray Arab named Hat Trick; she is a nimble little gal who took on her novice endurance rider in good humor. All the riding I had done recently was nothing compared to the physical effort it took for me to do 2 ½ - 3 hours continuous trotting and cantering up and down trails. Fortunately, I also had the opportunity to do a couple of continuous canter exercise sessions with a polo groom friend of mine, Gerardo, and do another technical trail ride for a couple hours with another friend, Susan Harris, to get my legs and core tuned up to manage the long distance riding part of the race.

I gave up using mounting blocks at polo and practiced clambering on horses without assistance so I wouldn’t pull poor Hat Trick over during the multiple times I’d have to hop on her back during the race. I ran every day and made sure I could at least run 90 minutes up and down trails at Torrey Pines state park, in the heat, wearing trail shoes, without passing out.

I had the benefit of a lot of great instruction from Carol and Tom and a crash course in some of the more detailed aspects of a race during our training ride. I was still relieved that I was going to be paired with Carol the entire time as my sense of direction is non-existent and I remained a little unsure whether I would perfectly recognize the best vegetation for the ties.

Race weekend:
Holly was going to team up with Melanie Weir on Saturday, so I drove her up to the event location in Descanso that morning. The morning was freezing but clear and it quickly warmed up to the point that the race participants were pretty sweaty by the 1st checkpoint. Carol taught me everything I needed to know about crewing that day. The pace was fast for us during the crew/vet check part of the race but relaxed the rest of the time and I was able to meet a lot of the ride & tie community while we were waiting for our riders. I felt welcomed by everyone I met at the event and their enthusiasm was contagious. Melanie provided further advice and some loaner equipment for me to use the next day. Holly was a rock star and did a 27-mile race her 1st time out. I went home to relax, mentally prepare, and carbo-load for my race the next day, a more modest 14 mile event.

Sunday was also really cold early in the morning and I was grateful for the many layers of clothes I had on during the pre-race period. I knew from the day before that I would heat up quickly so I eventually peeled off the layers and hopped around to keep warm until we started the race. Then we were off! Everything went according to plan, great scenery, no strained muscles,
no twisted ankles, and I was able to keep up the pace and even have some conversation along the way. My running endurance training was invaluable as I knew how to stretch, eat, hydrate and keep my electrolytes balanced before, during and after the race.

Hat Trick was miraculous as she navigated the often steep, occasionally narrow and typically rocky trail at a continuous trot or canter. It is amazing to me how well-conditioned she was as she ran the entire race, I was carried half the time, and she was sweating significantly less than I was by the end of the route. I was lucky to have Carol by my side the entire time because the carefully marked trail became confusing to me a couple times and I would have chosen the incorrect route once or twice if I had been on my own. Holly crewed for us and took care of 2 horses and riders with limited assistance at the vet check.

By the end, I was out of steam but feeling elated, I HAD DONE A RIDE & TIE! What a terrific experience, thanks to my partners Jane McGrath and Hat Trick, and Tom and Carol of course. I appreciate the amazingly athletic and instructive people, remarkably conditioned and well-behaved horses, and a friendly family-oriented atmosphere. I know a bucket list item is typically something you expect to do once, but if the opportunity presents itself, this is one event I plan on doing again.
Hey Ride & Tiers!
I received this nice thank you note from Heidi Talbott, the young veterinary student from Washington State University who was this year’s recipient of this year’s Ride and Tie Association Jim Steere Memorial Veterinary Scholarship.

I wanted to share this with you for two reasons. First, I wanted to remind you all that the Ride and Tie Association is a non-profit organization dedicated to promoting competition, sportsmanship, horsemanship and education (among other things). That is what this veterinary scholarship is about. Your tax-deductible contributions will help support the veterinary scholarship fund, the championship fund, or the general fund. Second, you, as members, contribute each year through your membership dues and other contributions. I think it is important for you all to know that these are helping future veterinarians, even if in a small way.

Donations can be made to the Ride and Tie Association and mailed to 8215 E White Oak Ridge #41, Orange, CA 92869.

Go Ride & Tie!

-Melanie

This team in pink at the Big Bear Ride & Tie has the right idea... leave the bicycle behind and get a...um, flamingo??? Try a horse next time, ladies! Photo: Steve Shaw

Congratulations to Rufus Schneider upon joining the 2,000 mile club with 2,029 miles in 19 years of racing! Photo: Barry Thorpe 2011
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Lani Newcomb giv2bute@aol.com
Ted Ruprecht jlruprecht@suhsd.net
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Steve Shaw sshaw@pacbell.net
Mary Tiscornia MLT580@aol.com

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Ride and Tie Office:
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Don Strong dons@deanshomer.com
Members Emeritus
Steve Shaw sshaw@pacbell.net
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MARCH MYSTERY
Do you know WHO?
WHERE?
WHEN?
WHAT?
email Annette at newsletter@rideandtie.org

Does anyone recognize this handsome young cowboy?
Hint: A long-time ride & tier, still competing.

REMEMBER TO RENEW YOUR MEMBERSHIP OR THIS WILL BE YOUR LAST NEWSLETTER!
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Attn: Membership

George Hall and Byron Grant correctly identified Jon Root and Chris Mellick and their horse, Hipoka, at the 1979 Levi’s at Sun River. Jon and Chris were 1st Man/Woman and Hipoka won Best Condition. And that is Bud Johns, of course, walking behind them.

NOVEMBER MYSTERY