



2020 Old Dominion NO FRILLS Ride & Tie and Equathon

55/30/20 Mile Courses – Equathon 10/10 Miles

FRIDAY, APRIL 17, 2020

160 Capon Springs Grade

Star Tannery, VA 22654

SATURDAY, APRIL 18, 2020

The Old Dominion Equestrian Endurance Organization, Inc. is an organization which fosters and encourages both the use and development of the working horse through various efforts. It is the intent of the Old Dominion to provide the opportunity to participate in a challenging sport and at the same time to provide the rider with the knowledge to make it both safe and enjoyable.

Entries: All competitors MUST be members of the Ride and Tie Association. Individual membership: \$25, Family Membership: \$40. Checks payable to The Ride and Tie Association. Membership forms available on website www.rideandtie.org or at the ride. A \$50.00 non-refundable deposit will be accepted to hold your place until the day before the event. For pre-paid entries, a full refund less \$50.00 will be given until the horse is presented for the pre-ride vet-in. To receive a refund, you must advise ride management that you will not be riding, before the vet-in. Include a copy of current (within 12 months) Coggins with entry. Please only bring horses that are entered in the ride.

IMPORTANT: CREWS WILL NOT BE ABLE TO MEET RIDERS AT THE VET CHECK. SEE THE "CREWING" SECTION BELOW FOR MORE INFORMATION.

Awards: In keeping with our philosophy that "To Finish is to Win", each contestant that passes the final veterinary examination after crossing the finish line will receive a completion award.

Dinners: There will be a POTLUCK dinner Thursday and Friday nights. Please bring a SIDE DISH to share. (Remember this is NO FRILLS.) Some kind of warm soup or chili will be served, but all the sides are coming from the riders. Coffee and a light fare will be available ride mornings for riders and volunteers up at the farmhouse.

Ride Camp: Ride camp will be located on a private farm in Star Tannery, VA. There will be water available for horses; however, there will NOT be any human water. If possible, please bring water with you to the ride camp for you and your horse. Also, we request that you do not run generators after 10:00 p.m.

DOGS MUST REMAIN ON LEASH AND/OR CONFINED IN YOUR CAMP SITE AREA!

Directions:

From I-81: At Exit 296, turn west onto Hwy 55 for approximately 12 miles. Turn right onto Capon Springs Road and follow signs to the parking area.

From I-66: Follow 66 West until it runs into I-81. Take I-81 South 4 miles to Exit 296. At Exit 296, turn west onto Hwy 55 for approximately 12 miles. Turn right onto Capon Springs Road and follow signs to the parking area.

Vet-in: Vet-in will be from 3 p.m. until dark on Thursday and Friday nights. **There will be no morning vet-ins.**

Ride & Tie Briefing: A meeting will be held at approximately 6:30 p.m. each night for all riders/runners to review up-to-date trail conditions, markings and the locations and logistics of the check points and holds. Questions from participants will be answered at this time.

Crewing: Due to restrictions on traffic flow in the George Washington National Forest, the No Frills ride will not allow rider crews at the Vet Checks. Ride Management will transport rider's supplies to the vet check and provide a team of crew personnel to hold horses and assist with crewing activities. Ride management will also provide lunch and snacks at the vet check during the ride. Ride Management may offer some positions on our crewing and hospitality teams that will enable a limited number of rider's crew personnel to staff the vet check (and be available to assist their riders) in addition to other volunteer duties.

Riding the trail: HELMETS ARE REQUIRED! Once the event has begun, the rider is free to choose his/her own pace as long as P&R criteria into the Vet Hold Stations are reached before the cut-off times, which will be provided at the ride briefing. The veterinary committee will ensure that the horse is recovering to the safe parameters of temperature, pulse and respiration, and that there are no signs of excessive fatigue or lameness which would endanger the horse. **The terrain is rocky and challenging. Plan to ride accordingly. Shoes are required and pads are recommended. No smoking on the trail.**

AERC Ride Manager: This Ride & Tie is being held in conjunction with the Old Dominion No Frills Endurance Ride. Further information about the ride & tie may be obtained from Lani Newcomb at 540-554-2004 or give2bute@aol.com. Entries should be sent to Susan Trader, 16813 Clarkes Gap Road, Paeonian Springs, VA 20129 – 540-882-9721 or SusnTrader@loudounwireless.com.

Sanctioned by the Ride & Tie Association. Ride & Tie rules available on request or at www.rideandtie.org.