

Ride & Tie Clinic

**Do you run or ride horses?
Ever think of combining these activities?**

Date: August 28, 2009

Time: 10 am—5 pm

Location: Twincreeks—Duncan

Entry fees: \$40 per person

Ride and Tie is a long distance sport that combines horseback riding with running. This clinic will be taught by Ride and Tie mentors from Washington State who will go over how the sport operates, how to prepare and rules of competition. The clinic will be hands on, provide lots of useful information and allow participants to practice components of the sport.

All levels of people who run and ride are welcome to come and learn more about this exciting new sport in BC. You don't need a partner or a horse to participate—however if you want to bring your horse, you are welcome to do so.

**For more information on Ride & Tie go to:
www.rodeamtoe.org/**



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**HORSE COUNCIL
BRITISH COLUMBIA**



TWINCREEKS

Mail form and entry fee to:

Nicole Vaugeois
BCCTRA Secretary
2980 Giovando Road
Nanaimo BC V9X 1K5
Phone: 250-245-4405
E-mail: bcctra@shaw.ca

Name _____

Address _____

Phone: _____

Email: _____

Runner _____ Age: _____

Rider _____

Both _____ Bringing a horse: YES NO

Registrants do not need to have a horse to attend this clinic. Those who want to bring along their horse are welcome to do so.

For a map to Twincreeks go to: <http://www.twincreeks.ca/index.html>

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____