



Ride & Tie

## NO FRILLS 12/30/55 Ride & Tie SATURDAY, APRIL 10th, 2010 Star Tannery, VA

*The Old Dominion Endurance Rides, Inc. is an organization which sponsors and educates equestrians in the sport of equine endurance riding. It also supports the sport of Ride and Tie*

**The event is sanctioned by the Ride & Tie Association.** All competitors MUST be members of the Ride and Tie Association; membership forms available on their website, [www.rideandtie.org](http://www.rideandtie.org). For more information on OD sponsored ride & tie events, e-mail Lani Newcomb at [give2bute@aol.com](mailto:give2bute@aol.com).

**Entries:** Entries must be postmarked by March 30 to receive the early entry discount; a \$25 non-refundable deposit will hold your place until the day before the event. For pre-paid entries, a full refund less \$25 will be given until the horse is presented for the pre-ride vet-in. To receive a refund, you must advise ride management that you will not be riding before the start of the ride. Include a copy of current (within 12 mo.) Coggins with your entry and only bring horses that are entered in the ride.

**Basecamp:** Basecamp is located at John and Ann Crandell's farm in Star Tannery, VA. There is no water available for horse consumption, so please bring water for both you and your horse with you. Please do not run generators after 10 p.m. **Dogs must be on a leash or confined within your area.**

**Directions:** Take I-81 to Exit 296 (located about 4 miles south of I-66 interchange) and turn west on Route 55 for approximately 12 miles. The road has some steep grades and curves, so be careful. Turn right onto Capon Springs Road, then right at the old house and follow signs to park.

**Schedule:** Please contact ride management if you plan to arrive before 9am on Friday April 9. The vet-in will be from 3-5 pm on Friday and no Saturday morning vet-ins are allowed. **Ride management will not be providing a full dinner on Friday night.** Instead, baked potatoes with fixings and bowls of chili and vegetarian soup will be available for purchase for \$1 each from 5-7 pm or until we run out. The ride briefing will be held at 6pm Friday to review up-to-date trail conditions, markings and the locations and logistics of the check points and holds. Questions from participants will be answered at this time. A potluck dessert will be available during the ride briefing – please bring something to share! Free coffee and donuts will be available Saturday morning.

**Crewing: Due to restrictions in the George Washington National Forest, there will be NO rider crews allowed at the Vet Checks.** Ride Management will transport rider's supplies to the vet check and provide a team of crew personnel to hold horses and assist with crewing activities. Ride management will also provide lunch and snacks at the vet check during the ride. Ride Management may offer some positions on our crewing and hospitality teams that will enable a limited number of rider's crew personnel to staff the vet check (and be available to assist their riders) in addition to other volunteer duties.

**Riding the trail: HELMETS ARE REQUIRED! Shoes or hoof protection for your horse is required as well.** Once the event has begun, the rider/runner are free to choose their own pace as long as P&R criteria into the Vet Hold Stations are reached before the cut-off times, which will be provided at the ride briefing. The veterinary committee will ensure that the horse is recovering to the safe parameters of temperature, pulse and respiration, and that there are no signs of excessive fatigue or lameness that would endanger the horse. The terrain is rocky and challenging, so plan to ride accordingly. **No smoking on the trail.**

**Awards:** In keeping with our philosophy that "To Finish is to Win", each team whose horse passes the final veterinary examination after crossing the finish line will receive a completion award. In addition, the ride will provide a "First to Finish" award in all 3 ride & tie distances.

**AERC Ride Management:** For more information, contact Ride Manager Mary Howell at 804.932.9328 434.906.1778; [countshiloh@gmail.com](mailto:countshiloh@gmail.com) or Secretary John Marsh at 703.556.0223; [jjmarshiii@earthlink.net](mailto:jjmarshiii@earthlink.net). Entries should be mailed to:

**John Marsh, No Frills Ride Secretary  
9005 Streamview Lane  
Vienna, VA 22182**