



**MOUNT ADAMS
RIDE AND TIE
SATURDAY, MAY 17, 2008**

12 AND 25 MILES

**(PLUS 12, 25, 50, 75, 100-MILE
ENDURANCE RIDES)**

DIRECTIONS TO TROUT LAKE, WASHINGTON: From Oregon's I-84, take exit 64 (Hood River), go north across Columbia River, west on Hwy 14 for 1 mile, north on Alternate Hwy 141 for approximately 4 miles, continue north on Hwy 141 about 20 miles to Trout Lake. In Trout Lake, bear right at Chevron follow signs into camp.

TRAIL: Excellent trails and old forest service roads in the Gifford Pinchot National Forest and surrounding timberlands. Good footing, beautiful loops with views of Mt. Adams.

VETS: Head Vet: Mike Foss, DVM.

CHECK IN: Vet-in starts at 3pm, Friday, May 16th.

MEALS INCLUDED WITH ENTRY FEE ☺: Friday (hamburgers and hotdogs), Saturday (BBQ chicken), Sunday (coffee and doughnuts). Additional meals for non-riders may be purchased on site. All proceeds from meals go to Trout Lake School.

PRE-REGISTRATION ENCOURAGED BUT NOT REQUIRED FOR RIDE & TIE.

All competitors must be members of the Ride And Tie Association.

Individual competitors:\$25. Families:\$40. Forms available at www.rideandtie.org or from race director.

12 mi R&T \$35
25 mi R&T \$85

25% discount for each R&T junior

*Want to pre-register but waiting to decide on your distance?
Simply sign up for your preferred distance, then, if you need to
change on the race weekend, just let us know at check in.
Send in your registration today!*

MORE INFORMATION AND REGISTRATION FORMS AT:

www.troutlake.org/endurance, or contact Steph Irving at sirving@gorge.net, 509.395.2065.

SEND REGISTRATION TO: Mt. Adams Ride, PO Box 200, Trout Lake, WA 98650

*Every year Mt. Adams Riders donates funds to a scholarship fund for Trout Lake students
and to the Trout Lake Volunteer Fire Department.*