



Meadow Creek
Mountain Mingle
Ride and Tie

November 2 and 3, 2018

Come race in the **THIRD** of the Southeast Triple Crown
in the Cherokee National Forest.

Base Camp: Meadow Creek Mountain Resort in Parrottsville,
TN near the split between Interstates I-40 and
I-81. www.meadowcreekmountain.com

Distances: 10, 15, and 25 mile races
4-5 mile short course
14-15 Mile Equathon (10 ride/4-5 run)

Race director: Sara Boelt lightermountevents@gmail.com

