

Ninth Annual
BIG SOUTH FORK RIDE AND TIE
Jamestown/Oneida, TN
Sanctioned by the Ride and Tie Association
September 7, 8 & 9, 2007



What is a Ride and Tie? A Ride and Tie is a race with teams consisting of two runners and one horse. The objective is to complete a cross-country course in the shortest amount of time. At the start of the race, one partner begins riding and the other running. After a distance, the rider will dismount, tie the horse at a self-determined place and continue on foot. Soon the other partner will reach the horse, mount and ride to catch his partner in front of him. By “leap-frogging” in this manner, the race course is covered by all three team members. The final team time is when all three team members have crossed the finish line.

Important Dates: The 30 and 55 mile distances will be Friday and Saturday, September 7th and 8th, 2007. The 100 mile distance will be Saturday, September 8, 2007. The 10 mile distance will be early on Sunday, September 9, 2007. (Note: the 10 mile course does not count towards mileage in the Ride and Tie Association.)

Lonely Hearts: The best place to find a partner is on the Ride and Tie website: www.rideandtie.org. The race manager may know of others.

Gluttons for Punishment: Yes, crazy people can enter all three race days. However, management discourages the same exact team from competing every day—you’re requested to switch horses or humans. Just make a copy of the registration form. Management discourages use of the same horse for the 55 mile distances on Friday and Saturday.

Rules (not many-only one page) of the Ride and Tie are on the Website at www.rideandtie.org. There is a park rule that horses must be cross-tied between trees off the trail. There are some stout hitch racks along some of the trails. Helmet use is encouraged for everyone while mounted. Helmet use will be required for Junior riders.

Endurance Ride: The three-day (Thursday, Friday and Saturday) Big South Fork Endurance Ride will also be camped in the same field so don’t get discouraged from the number of rigs in the field. For more information about the Endurance Ride call Eric or Nelia Rueter at 865-986-5966 before 10 PM EDT.

Facilities: Primitive camping for human and horse competitors will be provided in a large field at no extra fee. Horse water is available from a pond in the field or from hydrant in the nearby public campground. A stock tank for horses may be provided--please bring your own bucket to dip water. Potable water from a faucet is available within a quarter mile. Only low-impact ground fires are permitted in the field. No hay or grain provided. The nearby Big South Fork National River and Recreation Area Campground with flush toilets and hot showers has been made available to any that wish to make use of them. (They require a \$2 usage for showers for the “field” campers.) Ice is available at the Bandy Creek Visitor Center during business hours. The Bandy Creek Stables (423-286-7433) are within a mile of the race starting line. Participants may use other accommodations for horses or people if they so desire, just be near headquarters for the start of the race!

Pre-Vet Inspection for horses or mules will begin at 3:00 PM EDT on the afternoon before your race. Please send a current (within one year) copy of the horse’s Coggins Test along with your registration form. If you will be arriving after 6:00 PM for a 30 or 55 or 100 mile event, please mark the Late Arrival box on the entry form.

Ride and Tie Briefing will be approximately 7:30 PM EDT the night before the event at the Registration Tent. This meeting will inform riders of the **START** time for the course and up-to-date trail conditions, markings, available water, locations of vet-checks, maximum times and the logistics of check-points and holds. Questions from participants will be answered at this time. **Please** attend the briefing or at the very least send a representative from your team.

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Awards ceremony will be as soon as possible after the race at the Registration Tent. There will be a Best Conditioned Horse Award for the 30, 55 or 100 mile distances each day. There will also be the coveted "Turtle" award for all distances. Entries *received* prior to August 27 will be guaranteed a T-shirt. No T-shirt guarantees after August 28, 2007.

Food: Riders are to provide and/or carry their own meals, either in camp or on the trail. Some breakfast foods may be available on Friday, Saturday and Sunday morning. On Thursday, Friday and Saturday a dinner may be purchased (see Registration Form). Menu *MIGHT* be spaghetti on Thursday, roast chicken on Friday and stew on Saturday. Dinners are available by advance registration only. (If you're doing the endurance ride-put your dinner(s) on endurance entry form.)

Pets: The National Park Service requires that all pets be kept on a leash at all times.

Entries: Entries will be graciously accepted till 10:00 PM Monday night before the event. Post entries are discouraged but accepted anyway, with lots of mumbling.

Cancellations: If the Ride and Tie Manager is notified prior to 10:00 PM Monday night before the race, nearly all the registration fee will be refunded.

Volunteers: If you can bring extra people to assist (take digital photos, pass out water, ride drag, pick up trail markings), PLEASE note on entry form.

Miscellaneous: All ride and tie competitors must be members of the Ride and Tie Association. Membership costs \$25 and is good for the year. Membership forms are available at the race. Make membership checks out to Ride and Tie Association. For more information about Ride and Tie go to www.rideandtie.org or write to Ride and Tie Association, P.O. Box 2436, Sequim, WA 98382
Sunrise will be about 7:15 on race day. Sunset will be about 8:50 PM EDT. Ride will run on Eastern Time.

Warning: Under Tennessee Law, an equine professional is not liable for an injury to or the death of a participant in equine activities resulting from the inherent risk of equine activities pursuant to the TN Code Annotated Title 44, Chapter 20, Part 1.

Directions: From I-40 EAST or WEST take Exit 317 near Crossville, TN and watch for brown information signs to Big South Fork. Follow US Hwy 127 NORTH for 32 miles to Jamestown. Two miles North of Jamestown, turn RIGHT onto TN 154 toward Picket State Park. After approximately 10 miles, bear RIGHT on TN 297 EAST and turn LEFT at the Bandy Creek Visitor Center sign. After two miles, this road becomes gravel and the Ride and Tie Headquarters will be just ahead on your LEFT.

From the NORTH or SOUTH: from I-75 North or South, take Exit 141 [Pilot/Subway truckstop] and continue on TN HWY 63 for 20 miles until it T's at US Hwy 27 [motel]. Turn RIGHT. Go 6-1/2 miles to first red light. Turn LEFT. Go 1 mile. Turn LEFT at stop sign [Big John's Fina Station]. Go 4 miles. Turn LEFT at Terry and Terry Country Store. When you come out of the gorge, turn RIGHT toward the Bandy Creek Visitor Center. When this road becomes gravel, the Ride and Tie Headquarters will be just ahead on your LEFT. Please note that this route takes you through the river gorge, a 13% grade.

Ride and Tie Manager

Joanne G. Mitchell
9013 Coburn Drive
Knoxville, TN 37922

Phone 865.693.4308 home till 10:00 PM EDT
JFGMhorse@bellsouth.net (answered every couple of days or so)

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Registration Form

Return this page (front and back) to the Ride and Tie Manager

Rider #1 Name: _____ T-shirt size S M L XL

Address: _____

City, State, Zip: _____

Phone #s: _____

e-mail address _____

If Junior (16 years or younger), date of birth _____

Ride and Tie Assn member number and expiration date: _____

Rider #2 Name: _____ T-shirt size S M L XL

Address: _____

City, State, Zip: _____

Phone #s: _____

e-mail address _____

If Junior (16 years or younger), date of birth _____

Ride and Tie Assn member number and expiration date: _____

Horse Info Name _____

Age: _____ Sex: _____ Height: _____ Color: _____

Breed: _____ Registration #(s): _____

Horse Owner's Signature: _____

I agree to allow my horse to be tested for drugs: _____

Please include a copy of your horse's current (within the last 12 month's) Coggins Test.

Is this your first sanctioned Ride and Tie? Rider #1: Yes No Rider #2: Yes No

Is this your horse's first Ride and Tie? Yes No Is this horse entered in the Endurance Ride? Yes No

In case of accident, please notify (names & phone numbers)

Rider #1 _____

Rider #2 _____

Do you have any medical problem(s) which management should be aware of?(will be kept confidential)

Describe rig (so we can find you in camp) _____

Will you be arriving after 6:00 PM? _____

Division: Man/Man Man/Woman Woman/Woman

Are the combined ages of the humans under 40 (Whippersnappers) Yes No

Are the combined ages of the humans over 80 (Masters)? Yes No over 100 (Century)? Yes No

Do you qualify for any Special Division? (Make up something here--use your imagination--Triple Novice, Weights, Family Relationships, Farthest Traveled) _____

Entry Fee:	10 Mile Ride and Tie	\$40 per team	_____	Sunday
	30 Mile Ride and Tie	\$80 per team	_____	Friday or Saturday
	55 Mile Ride and Tie	\$110 per team	_____	Friday or Saturday
	100 Mile Ride and Tie	\$150 per team	_____	Saturday
	Thursday Dinner	\$5 each	_____	vegetarian Y N
	Friday Dinner	\$5 each	_____	vegetarian Y N
	Saturday Dinner	\$5 each	_____	vegetarian Y N
			_____	Total

Friday and Saturday junior competitors are entitled to 50% race entry discount.

Please make check payable to "Big South Fork Ride and Tie" and mail to ride manager.

Sign the Release on back of this form.

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Read carefully and sign at the bottom of this form:

Acknowledgement of risk & release of Liability

The Undersigned Participant represents that:

I recognize the element of risk in any activity associated with the outdoors. I am fully aware of the risks and dangers inherent in Ride & Tie such as but not inclusive, of: being thrown from, trampled or kicked by a horse; injuries from falling, wildlife hazards; vehicle hazards, altitude sickness, overuse injuries to mount; fatigue, dehydration and even death to horse and/or rider or runner; getting lost; and difficulty in gaining access to or locating injured participants. The event is in remote areas for extended periods of time, far from communications, transportation, medical or veterinary facilities; and that these areas have many natural and man-made hazards which event management cannot anticipate, identify, modify or eliminate, that accidents can happen to anyone at any time.

I am aware that Ride and Tie is extremely difficult and hazardous for even well conditioned horses and runners under the most favorable of conditions. This event covers difficult mountainous terrain and spans extremes of altitude and temperature. I have been warned that I should not participate in this event unless I and my horse are in excellent physical condition. Knowing the risks and dangers, I understand the possible consequences of participating in such an activity include, but are not limited to the following: physical injury to horse and/or rider-runner from a number of natural factors including, lack of water, hazards of vehicular traffic; narrow, precipitous trails and to those other hazards attendant to riding and running along or across roadways including among other things, the fact that I may become injured or incapacitated in a location where it is difficult or impossible for the event's management to get required medical or veterinary aid to me or my horse in time to avoid additional physical injury or even death. Knowing these facts, I nevertheless in consideration of your acceptance of this entry, hereby for myself, my heirs, executors and administrators, waive, release and discharge **The Big South Fork Ride and Tie**, the Ride and Tie Association and the officers, directors, and/or members, agents, and employees of each, all medical, veterinarian, and other personnel assisting with the event, or any of them and any other person connected with this Ride and Tie, or any public or private land owners where the trail is located, their representative, successors and assigns, from any and all rights, claims or liability damage for any and all injuries to me or my horse or property, or for damage caused by me or by anyone else (including Acts of God), arising out of or in connection with my participation in the event. I further agree that I will defend, indemnify and hold harmless **The Big South Fork Ride and Tie**, The Ride and Tie Association and the officers, directors, members, agents, of each, against all claims, demands and causes of actions, including court costs and attorneys' fees, directly or indirectly arising from any action or other proceeding brought by or prosecuted for my benefit contrary to this Agreement. This release extends to all claims of every kind and nature whatsoever, whether known or unknown, and I expressly waive any benefits I may otherwise have relating to release of unknown claims.

Furthermore, I certify that I have the necessary skills and ability to participate in Ride and Tie and assume full responsibility for myself and my horse for bodily injury, death, and loss of personal property and expenses thereof as a result of my negligence in participating in said activity.

I have read, understood, and accepted the terms and conditions stated herein and acknowledge that this Agreement shall be effective and binding upon me during the entire period of participation as an entrant of the said activity and to any injuries or subsequent complications or conditions arising therefrom.

I acknowledge that I have read all the foregoing paragraphs and know and understand the content thereof:

Rider #1 Signature _____

Rider #2 Signature _____

Minors under 18 must have the following liability waiver signed by their parents or legal guardians.

We the undersigned parent(s) or guardian of _____, Date of birth _____, for and in consideration of our child's participation at the event state that we have read the waiver, release and hold harmless agreement written above and we expressly agree that the terms and conditions of said waiver, release and hold harmless shall apply to and be binding upon us and our minor child in so far as it pertains to his or her participation and to any injury or damage said minor child and his/her horse may sustain or cause as a result of said participation. We further warrant we have health and accident insurance on said minor. I declare under penalty or perjury that the foregoing is true and correct.

Executed this day of _____, 2007 at _____

Mother's Signature _____

Father's Signature _____